

The Messenger

“Rejoice always, pray continually, give thanks in all circumstances; for this is God’s will for you in Christ Jesus.”

1 Thessalonians 5:16-18

Christ Church Barnstaple
Methodist & United Reformed Church

March 2024



February Causeway Service with the theme:
Love Letters from God



Fun parachuting down
from above at Café Church



Enjoying cuddles at
Parents and Toddlers Group

March Diary			
Sun	3rd	10.30am 3pm	Morning Worship and Holy Communion: Revd Paul Bate Causeway Service
Sun	10th	10.30am 4.30pm	Morning Worship: Revd Jonathan Richards Café Church
Mon	11th	10am 2.30pm	Sound it Out Friendship Group
Fri	15th	7pm	Sing for your Supper
Sun	17th	10.30am	Morning Worship: Revd Stephen Caddick
Wed	20th	10am	<i>Deadline for April Messenger</i>
Sun	24th	10.30am	Morning Worship: Revd Paul Bate
Mon	25th	10am 2.30pm	Sound it Out Friendship Group
Thu	28th	1pm 2pm	Christian Aid Lunch Maundy Thursday Communion Service: Revd Sue Macbeth
Fri	29th	10.30am	Good Friday Service: Revd Stephen Caddick
Sun	31st	10.30am 6.30pm	Easter Day Morning Worship and Holy Communion: Revd Jonathan Richards Easter Praise
Regular meetings :			
Tuesdays -		Rainbows 5.30pm (Term-time only)	
Wednesdays -		Parents & Toddlers 9.30am (Term-time only)	
Thursdays -		Circuit Zoom Service 7pm	
Fridays -		Hobnob 10am (except Bank Holidays)	

Happy news!

A new arrival in the Macbeth family on Thursday 8th February: David and Stacey have a new son - George Tulloch; a brother for Isobel to play with (but not until he's a bit bigger). All are well and home, and making good progress. I think they will keep me going for a while longer. Many thanks for all the prayers and blessings.

Sue

Message from Revd Marilyn

Dear friends,

Thank you for the opportunity to share thoughts for this month's Messenger. How much the production of the magazine relies on Teamwork – from those who contribute items, photos, even recipes; to those who edit and put it all in order, through to those who do the printing and assembling, and distribution. Thank you to everyone!

The leaflet about Circuit planning for 2024 has a new name – **“Teamwork Across the Circuit”**.

The thoughts focus on growth points and challenges for our churches as we plan, pray and prepare together for the future: not simply for the arrival of a new minister in Braunton in September, but the way that God is continually working among us.

We're encouraged to think especially about our Worship, Community Life, Discipleship, Pastoral Care and Ecumenical Links. It's exciting to see so many Teams working within Christ Church: leading worship, organising the Friendship Group, being part of the team of Church Friends, planning for Café Church, to mention just a few! Individuals who would be reluctant to take on a job on their own, coming forward as part of a team, and growing in confidence.

The Women's Network movement in the Methodist Church (now Methodist Women in Britain) make their Aim to “Encourage, Enable and Equip” women to participate fully in the life of the Church and society, and they offered ideas, resources, and training. How important that is for us all, not just women! - working together as a team, encouraging one another, we will grow in love, mutual support and care. Charles Wesley wrote:

He bids us build each other up;
and, gathered into one,
to our high calling's glorious hope
we hand in hand go on.

(From: All praise to our redeeming Lord: Singing the Faith 608)

Let's pray that in the days ahead the Spirit of the Risen Christ will encourage, enable and equip us in worship and serving together, that our lives may declare and show that 'Jesus is Lord'.

May the joy of the risen Lord be with us all,

Marilyn

Prayers for March

March 3rd

Loving Lord, in these days of Lent, help us make time for you in our busy lives: calm our minds, help us to be still and open to sense your presence around and within us; help us make time to read your Word and find comfort and encouragement to share with others. In Jesus' name we pray. Amen

March 10th (Mothering Sunday)

Loving, mothering God, we give thanks for all the blessings of family life, and for all who have shared with us the good news of your love in word and deed. Be with those who grieve the loss of a parent, or loss of a child; those struggling with broken relationships; or far away from loved ones. In Jesus' name we pray. Amen

March 17th (Passion Sunday)

Merciful God, we remember Jesus, who walked the way of the Cross for our salvation. Forgive us that we easily forget the cost of his love for us. Be with those who today are persecuted for their faith, or face laughter and scorn. May your presence and peace be with them. In Jesus' name. Amen

March 24th (Palm Sunday)

Lord Jesus, we too would welcome you with glad shouts of Hosanna, for come as King into our lives, as Prince of Peace in our troubled world. Come, we pray to bless our communities, our homes and workplaces with your peace. Amen

March 31st (Easter Day)

Christ is risen! Hallelujah!
Risen Lord, may we hear you speak each of our names, as you spoke to Mary in the garden that Easter morning. May we know the reality of your risen presence today in our lives, and celebrate with joy the reality of your power and love. Amen.



Easter Praise

Easter Sunday at 6.30pm

Celebration with Easter hymns
and readings

(requests/suggestions to Revd Marilyn please)

Church Friends

The Church Friends group at Christ Church was initially set up so that all members would have someone to turn to whenever there was a problem such as illness or any other concern. The Friends also regularly pray for, encourage and support everyone on their lists in other ways too. Christ Church Friends play a vital role in the Church, they are sometimes the only Church link between an individual or a family who are going through a time of crisis, a time of illness or are suffering from loneliness or depression.



Christ Church Friends provide support with a phone call, a visit, a message of well done, a smile, a sharing of a time of prayer. There can be times when we may all need this kind of support and encouragement on our journey of faith.

When the Church Friends Coordinators are informed that someone is ill or is in need of support, the Church Ministers and the serving Elders are told, so too is that person's Church Friend who then becomes the main point of contact. This helps to avoid individuals, their families, or hospital staff, being overwhelmed with queries or visits.



Regular contact with the Coordinators ensures the Church Friends themselves always have someone to turn to for support if necessary. In using our pastoral gifts we are strengthened in our knowledge that God is with us in our caring but that we are not expected to share in Christ's ministry in our own strength, but in the power of his Spirit.

Each and every one, of us can play our part in supporting the Church Friends through prayer and encouragement. Please pray that in every contact that is made we will create and strengthen the bonds of love that bind our Church Family together.

Blessings,

Shirley & Elaine - Church Friends Coordinators

Contact details for the Church Friends team can be found on page 19 of the Messenger, or via the Contact page on the Church Website

Sing for your Supper - Friday 15th March at 7.00pm

Enjoy singing hymns old and new, followed by supper

Choice of fish & chips or soup

Hymn suggestions to Jenny or Eff please



A Letter to us all from Don and Eddy

Dear friends,

Firstly thank you all for your best wishes and to everyone who has sent us a New Home card. It's lovely to have them up and to be thinking of you all.

We arrived in Thornbury late on Monday 29th January and the removal lorry arrived the next morning. Three hours later the lorry had been emptied and all we owned was scattered around the house. We've been working hard since then and there aren't too many boxes still to unpack.

As we are nearer to Laura, Kev, Riley, Heather and Dev, as well as Don's sister Fiona and her husband David, and Eddy's cousin Angus, we have seen family quite a few times already, which has been great.

Don is nearly sorted in his study and is looking forward to continue learning French, playing the guitar, and having time for photography and model making.

Eddy has started job hunting and the garden is calling!

With much love to you all,

Don and Eddy

(photo - page 13)

Church Declutter and Spring Clean



At a recent Fire Inspection, we were told that the accumulation of clutter around the church premises was a fire risk. Also, we haven't had our annual Spring Cleaning Day since the lockdown.

So the Elders will soon be having a day to sort and declutter before the Big Clean!

If you have any equipment/resources stored at the church, please make sure they are tidied away and labelled as to who is responsible for them.

Anything lying around may be disposed of.

Thank you





**Please join us at a shared
Maundy Thursday lunch at Christ Church
on Thursday 28th March at 1pm.**

Homemade soup and bread will be served and your donations for the work of Christian Aid will be gratefully received. There will be a list on the Christian Aid noticeboard in the foyer from early March for you to add your name to, along with any dietary requirements. The Maundy Thursday service will follow after lunch.

A recipe for fighting poverty

Your gift at this Lent Lunch might seem like a small action in the face of global hunger and poverty. But you will be helping to transform the lives of some of the world's most vulnerable people.

We long for a world where food is joyfully shared,

Where welcome is abundant,

Where compassion reaches all.

As we work towards your kingdom,

We thank you God for food for the journey.

Amen

Janet and Paula - Christian Aid reps

World Day of Prayer 2024

Friday 1st March

I beg you, bear with one another in love

2 pm

At Barnstaple Baptist Church

Boutport Street

Followed by tea and cakes

A service for everyone



Reading the bible story about temptation

Café Church



Parachute: A safe way of travelling down from a great height



Food craft: Pancake pictures



Parents and Toddlers



Happy toddlers

=

Happy parents!



Young Families Work News

Sunday Club

We are continuing to make the most of the Roots resources which have suggestions for weekly activities for under 5s to those of Secondary School age. In February we had a series about some of the prophets in the Old Testament. We will have plenty to enjoy in March as we prepare for Mothering Sunday. Our programme will also include Palm Sunday and the events in Jesus' life for the week concluding with Easter Day. That weekend is the start of the school holidays.



Maureen

Café church was a happy and relaxed church family time. On arrival everyone spent a few minutes beginning to catch up with friends but quickly moving on to fill in their menu cards for their choice of tea! Some of the children then got busy with the colouring and the word searches on their table whilst they eagerly waited for the craft tables to open (particularly the food one!). As it was close to Shrove Tuesday and signalling the beginning of Lent, the food craft had to include pancakes. Cut into pieces these were used as a base for the children to design a picture with a selection of fruit.



The theme for the day was the Temptations of Jesus, the worship providing the opportunity to hear the Bible story and for the children to share their examples of the sort of things that tempt them. They were very attentive and engaged whilst Alison talked to them accompanied by the story colourfully presented in pictures on the screen. Christopher as usual faithfully led the singing on his saxophone along with Marilyn, as everyone joined in with *Praise Him, Praise Him* and *We are Marching in the Light of God*. The worship concluded with prayers led by Marilyn, finishing up with a special one about Love as we looked forward to St Valentines Day. For this, each person was given and held a red foil wrapped chocolate heart which we all then ate together.

A certain excitement of the afternoon was the dropping of parachutes made by the children in the creative activity time, reminding us that there are different and safe ways of traveling from heights – even from the tops of mountains. They were launched from the balcony, everyone looking up and waiting expectantly to see what would happen to each one whilst the children waited excitedly below to see how well the one they made fared. Actually they were all great!

Tea was as delicious as ever prepared by Eff and her committed team in the kitchen. If you haven't already been before, you really should come along and join us sometime. You will be so welcome. We eat very well, worship together as a family, have fun and enjoy a really good time with friends. Our next Café Church is on 10th March 4.30-6.00pm. Do come.

Anthea

(cont.)

Parents and Toddlers

We have had a good start to the New Year with 9 families. We still have room for another couple of families to join us. They continue to enjoy playing; especially play dough, toy cars and animals, and singing. The helpers are starting to sort and tidy cupboards so we have more room to play in the wet room. We look forward to the summer when we can go outside.



Joy

Now that half-term is over we will all be looking forward to and working towards Easter, when you will hear more about us all. Meanwhile we hope you have enjoyed reading this month's news.

Many thanks as always for your interest, support, love and prayers.

The Young Families' Work Team

Friendship Group

On the 12th February we were treated to a lovely session given by Sharon Snell entitled Braddicks Haunted House, often known at the Spooky House or Haunted House. This house was built in 1889 and owned by a very wealthy banker – Brinsley de Coursey-Nixon of Scottish and Irish decent. The Spectator described him as upright and a straightforward politician – a member of the Liberal party. He also owned a very grand house in London. His family spent lots of holidays in Devon. He had 2 girls and two boys. In the early 50's a lady called Mrs Ware purchased the house to provide bed and breakfast – a funny point about this was she charged one shilling for a bath! It was amusing to hear that in one room there were two baths.

Later an elderly lady named Jean lived in the house on her own until she moved into residential care. By now the home had become more and more neglected but still exuded an aura of interest and mystery. I don't think I could have lived there alone! In 2016 the House was sold and purchased by the Braddicks family. The name of this mammoth project is called Braddicks Leisure. Rob Braddick is in charge of the project and intends to have it refurbished in its original style. Sharon accompanied her talk with lovely pictures. I am sure that all 29 ladies enjoyed this presentation and the room was buzzing for some time after.

I look forward to seeing some of you at our next meeting on Thursday 22nd Feb watching The Mouse Trap at the Queens Theatre.

March 11 – Know Your Local Library

March 25th—Food Allergy Awareness

Rosemary

Installation of the new vicar at Barnstaple Parish Church

The Reverend Doctor Benjamin Williams is the newly appointed vicar at St. Peter and St Mary Magdalene Church, the latest incumbent in the long history of Barnstaple Parish Church.

Benjamin grew up in the Cotswold countryside near to Stratford-upon-Avon. He studied Hebrew with Aramaic and Syriac at the University of Oxford. He was later ordained in the Diocese of Oxford in 2010, and was subsequently Chaplain at Wadham College, Oxford and also served as a priest in the Bicester Team Ministry.



Ben's Licensing Service took place on Wednesday 7th February at St. Peter and St Mary Magdalene Church, the service was led by Bishop Jackie Searle.

Both Benjamin and his cat - Snap - are greatly looking forward to making their home in North Devon. Ben is also keen to keep up his musical interests in singing, and playing the piano and concert harp. He has lots of exciting plans and is also hoping to organise a Childrens' Choir. Alison attended the service on our behalf, and met Ben afterwards. She welcomed him and gave him a welcome letter, a card and a copy of the Messenger. They both agreed it will be good to work together as town centre churches. It looks from the photo as though he has a great sense of humour (look carefully at Ben's attire!)

Amigos and Kira Farm

Last month we said goodbye to Elvis Obote, the student we were privileged to sponsor last year, after he had returned to his community following his graduation from Kira Farm. No doubt we will hear next year how he has been getting on. Meanwhile we have heard the uplifting and encouraging story of one of the previous people we supported, and the difference that the year at Kira Farm has made to their life as well as the difference they have made to other's lives:

The story of Richard Kidega - at Kira Farm in 2022

"I am forever grateful for what Kira Farm has done to change my life"

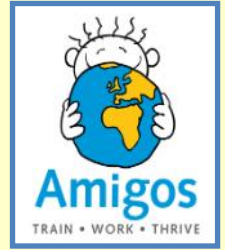
Never enough: Coming from a polygamous family, life wasn't easy. Before joining Kira Farm life was difficult and I faced many challenges like unemployment, family wrangles and insufficient resources like food and money. There was never enough food for all of us and never enough money to support all of us, especially in our education. At a young age I started looking for small jobs to try and raise money for my own school fees because I didn't want to drop out. I always dreamt of being an Engineer. I tried baking bricks to sell to raise money to attend a mechanic vocational school but eventually it became difficult and more expensive - I needed to raise at least £150 a year to attend the training and this excluded meals, transport and accommodation.

Regaining confidence: After joining Kira Farm I received training in carpentry, building and construction, farming and tree planting. After graduation I received tools from Kira Farm which enabled me to open my own carpentry shop in my village. I could never have dreamt that one day I would own and run my own shop, but dreams do come true. Today I run my own carpentry shop in my village and plan to move it to Namukola or Gola town council where there are more customers. I used to feel insecure, hopeless and without any direction for my life but after attending the Restorative and Strength programmes at Kira Farm I regained my confidence. I learnt about conflict management, working with the community, being accountable for my actions and understanding my role in the community. I learnt how to work and deal with other people from different backgrounds, and I have applied these lessons even in my workshop with my team and customers.

Harvest: I planted two acres of cotton and look forward to harvest time thanks to the farming lessons in conservation farming that I learnt at Kira Farm. I have had many construction and building contracts which have also built my experience and confidence. My income sources have expanded significantly, and my life has changed for the better. I am able to support myself and my family and look forward to the future with positivity unlike before when life felt hopeless and helpless. I am forever grateful for what Kira farm has done to change my life. The skills I have gained have supported me and my family so thank you very much Kira Farm.

Please continue to pray for Richard, and for the new cohort of students as they settle into their new lives at Kira Farm.

Anthea



Richard Kidega: Full of confidence after attending the Restorative and Strength programmes at Kira Farm



Sunset over Don and Eddy's new house in Thornbury

Causeway in February - Love Letters from God

Following our news time, John led our prayers, writing the names of those in our prayer requests onto balloons (leftover from the farewell party of the Abbey Gateway club which many of our friends had enjoyed the night before). Kathryn introduced us to new songs, and led us in Makaton signing of the Blessing.



Steve our speaker brought along 2 giant Valentine cards with 'I Love You' on the front. Inside the first card were the words we expect on a card on February 14th 'To.....From Your Valentine' the second one contained a drawing of the cross and two Bible references, messages from God - *John 3:16* and *1 John 3:16*.

We watched a beautiful video clip of Love Letters from God with many more assurances of God's Love for us. These Love Letters from God were printed out so we could all take them home with a heart shape and of course, a red rose, and some spring flowers. The photo on the front cover shows some of our friends just before they left.

February 14th may come and go, but we won't forget our February Causeway, when Steve told us about our most precious Love Letters - those from God. Do come and join us on March 3rd at 3pm for our next Causeway Service which will be led by Marilyn on the theme of Prayer. Our Easter Causeway will be on Sunday April 7th and will be led by John.

The Causeway team

Events Group

Even though it's only the start of 2024 we have already started planning some events for later in the year.



In the spring or early summer we will be having a Tea Party at the church - date to be confirmed soon.

On Saturday 14th September we are already looking forward to our ever-popular Quiz and Pasty Evening. We are so grateful to Dave Stephens who has agreed to host this again, it's always a lot of fun.

Then on Saturday 9th November we will hold our Winter Fair. This always has a lovely atmosphere with stalls and refreshments, and we are usually joined by lots of families for a fun day of much-needed fund raising.

Please put these dates in your diary now, so that you don't miss anything!

Joy, Elaine and Liz

News from Kenya - An update from Elaine

My brother, Richard, once again set off for Kenya and St Francis School on 20th January this year. His flight took a different route this time, which he was expecting due to the civil war in Sudan. A much more western route was taken over Corsica and Sardinia into Algeria and then across the middle of the Sahara, past Tamanrasset towards Kigali, over Lake Victoria and then approached Nairobi from the west. He then flew to Kisumu.



At Kisumu he was met by Rose, Christine and Joseph for the journey to the school. For the first time it was dull, overcast and even cool and there was steady rain for the whole of his first night. Recent rains have made the whole countryside green and lush with plenty of wild flowers everywhere, the trees are also magnificent.

He was pleased to be back and in the laboratory with the students doing practical work again. There is only one physics teacher at the school and with the teaching load so great he has little time to do practical work with classes of 45 students! Richard is doing as much as he can with after-school lessons and evening sessions, the students are so keen to learn they are willing to work all hours.

The best news of all was the fact that the school is now the best performing school in the area, it was looked down upon at one time but is now thriving. 52 students achieved grades allowing for direct entry into university. There will be big celebrations soon.

They have had plenty of rain and intense squalls and thunderstorms, which is very unusual at this time of year. The local people are concerned about whether they should or should not plant their maize. The storms also cause frequent blackouts which means little or no work can be achieved until the power is restored.



Richard is very excited to have negotiated the services of three men to create a new biology laboratory. The men started work immediately to knock down a wall between two existing classrooms, the bricks were then reused to build the walls for a prep room. Plumbing, drainage and electricity cables were installed and the work continued rapidly with plenty of lighting and sockets being fitted. Following the completion of the building, the girls all worked very hard to sweep out the dust and wash the benches and the floor. The next job will be to have cupboards built for the storage of the equipment.

(photos - back page)

Elaine

SAINT DORCUS, OTHERWISE KNOWN AS TABITHA

Dorcus was an early disciple of Jesus, she is the patron saint of Tailors and Seamstresses. Little is known of Dorcus but there were many women at that time who loved and supported Jesus and his teachings. Dorcus is mentioned in the Acts of the Apostles Chapter 9 verses 36 – 43.



It is thought probable that Dorcus was a widow, many times in the Bible it is mentioned that both Jews and Christians must care for the widows and orphans. However, not all widows were poor. If the widow's father had died or died soon after the widow's husband she was entitled to receive what was left of her dowry. It is probable that Dorcus was one such widow. Dorcus was a good example of Christian service in action, she was a talented seamstress and made many linen clothes for widows and the children of widows.

Dorcus lived in the town of Joppa, a city on the coast of the Mediterranean sea, now totally absorbed by Tel Aviv. Her name, Dorcus, or Tabitha means Gazelle or full of Grace. Dorcus was known for her good works and acts of love for the poor. When she became ill and subsequently died, her friends were grief stricken and gathered together to mourn her. The believers heard that Peter, an apostle of Jesus, was in the next town and sent for him to urgently come. It is not clear whether they expected him to raise her from the dead. When Peter arrived he went up to see the body, there were many widows there weeping and showing a fine display of the robes and clothing that Dorcus had made for them. Peter sent them all out of the room and went on his knees to pray. He turned to the dead woman and instructed her to rise, taking her by the hand to help her. She opened her eyes and saw Peter, he then called to the believers and presented her to them alive. This miracle became known all over Joppa and many believed in the Lord, and were led to faith in Christ.



This story is a fine study of unity in Christ, her friends gathered together to remember her many acts of kindness and charity and showed how we can be united in Christ. She was mourned as a close family member. The story shows how we can all be sensitive to the needs of others, we do not all have the talent of sewing but we all have practical or spiritual gifts to give to those around us.

Music to listen to: The Seamstress - Jennifer Koh

VEGETABLE TAGINE WITH APRICOTS AND CHICK PEAS

Ingredients

1 onion
2 cloves garlic
1 medium aubergine
1 medium parsnip
1 bell pepper
3 oz / 75g dried ready to eat apricots
1 tsp cumin, cinnamon, ground ginger
2 standard sized tins of chopped tomatoes
1 tin chick peas
2 – 3 tsp harissa paste
cinnamon stick
strip of lemon peel
olive oil for frying the vegetables
2 oz / 50g blanched and toasted almonds
1 tbsp chopped preserved lemons

Method

1. In a large pan fry the finely chopped onion until golden, add the garlic and spices, cook for a further two minutes.
2. Stir in the tomatoes, apricots, cinnamon stick, lemon peel, tagine paste and half a teaspoon of salt.
3. Now add the remainder of the chopped vegetables and the chick peas, add black pepper to taste.
4. Bring to the boil and then reduce to a simmer, cook covered for about 20 minutes until vegetables are tender.

Couscous

8 oz / 225g couscous
14 fluid oz / 400ml boiling water
2 tbsp chopped coriander leaves
1/2 tsp salt

Method

1. Place the couscous in a large bowl with the water and salt, leave for about 15 minutes then stir in the chopped coriander leaves, and either a small knob of butter or a little olive oil.
2. Serve the Tagine stew and couscous together. I usually serve the chopped lemons and toasted almonds separately as not everyone will want them.

As long as you have aubergine, you can add whatever vegetables you wish or what you have in the fridge. Keeps well in the fridge and freezes well if you have spare.

(photo - back page)

Jennifer

Notes from the Elders Meeting on 06.02.24

The Elders Meeting was chaired by Janet Gray – URC Synod Pastoral Advisor for Devon and Cornwall.

- News of the fellowship was shared and those of concern were prayed for.
- There is a meeting planned to discuss pastoral day to day and safeguarding issues on 9.2.24.
- Easter services: On 28th March there will be a Christian Aid lunch of soup & bread at 1pm, followed by Maundy Thursday Communion at 2pm; a Good Friday service at 10:30am on March 29th; Easter Day Morning Worship and Holy Communion service will be led by Revd Jonathan, and at 6:30pm an Easter Praise service will be led by Revd Marilyn.
- It was decided that rooms will not be booked out to organisations who do not want to take responsibility for unlocking/locking the building.
- Finance – The accounts were accepted.
- Alison is seeking funding for a new water boiler for the kitchen.
- The manse recently vacated by Don & Eddy is a URC building. URC staff are investigating options in consultation with the Methodist Circuit.
- £233.20 was raised for Action for Children from the Christmas Tree cards and Christmas Day service offertory.
- On 1st of March, The World Day of Prayer service will be held at the Baptist Church

Next meeting: Weds 6th March

The Messenger

The Messenger is available in digital form and can be emailed - this version is in full colour and looks really great. It also saves on paper and printing. If you would like to receive The Messenger in this way, please let an Elder have your email address. This is the ideal way to send The Messenger to friends or family who are not local, and saves you the cost of postage!

This digital version is also available on our church website:

<http://christ-church-barnstaple.org.uk/http-christ-church-barnstaple-org-uk-wp-content-uploads-2019-11-november-2019-pdf/>

The paper copies will remain free of charge as we don't want anyone to feel they can't afford a copy. However, if you feel able to contribute, there is a collection box with the paper copies in the vestibule.

Offertory

An increasing number of people are donating money direct to the Church account by standing order. Many thanks to all of you.

If you are a tax payer and would like the church to claim back the tax on your giving or if you change your address or other details, please contact Janet Marshall or speak to a serving elder.

Cash offerings can be made at Christ Church on a Sunday morning. Gift Aid envelopes are also there if you wish to use one. Thank you,

Kathy

OUR MISSION STATEMENT

Christ Church seeks to express
the love of Christ for everyone.

All at Christ Church Barnstaple are committed to the following Safeguarding Principles:

- * the care and nurture of, and respectful pastoral ministry with, all children, young people and all adults.
- * the safeguarding and protection of all children, young people and adults when they are vulnerable.
- * the establishing of safe, caring communities which provide a loving environment where there is informed vigilance as to the dangers of abuse. (Methodist Safeguarding Guidelines, online: www.methodist.org.uk)

*If you are visiting Christ Church today we extend a warm welcome.
Please take a Messenger home with our good wishes.*

Circuit Superintendent: Rev Stephen Caddick 01271 345956

Elders:

Alison Cairns (Church Secretary) 343154 alisoncairns@hotmail.com

Kathy Jeacock (Church Treasurer) 373555

Chris Marshall

Liz Seymour

Jenny Newman

Janet Marshall

Shirley Baxter

Staveley Dawson

Anthea Coates

Eff Poole

Elaine Stevens

Pastoral Team (Church Friends):

Shirley Baxter

Elaine Stevens

Room Bookings: 371808

Circuit Administrator: 379116

Christian Aid Reps:

Janet Marshall and Paula Littlewood

Janet: 01271 373013

jcbmar18@btinternet.com

Messenger Editors:

Bruce and Liz Seymour

seymourejs@gmail.com

Website:

www.christ-church-barnstaple.org.uk

Tagine Recipe

Page 17



Richard's Work in Kenya

Page 15

Elaine's brother, Richard, is teaching and helping to develop the school - now the best performing school in the area!

Happy, eager students

Helping to clean the new biology classroom

