

The Messenger

"Enter his gates with thanksgiving and his courts with praise."

Psalm 100:4

Christ Church Barnstaple
Methodist & United Reformed Church

September 2021



Welcome back! We are open again for Sunday morning worship



Park Clean Page 12



Church Picnic - Pages 8 & 9



Recipe Page 17

All activities are cancelled or postponed until further notice.

As the church magazine is printed once a month you may find more up to date information on the church website. I strongly recommend that, if you are able to, you have a look there for updates.

Our family matters

Christ Church Family News

At last the church building is open again for worship on Sunday mornings. So far around 40 people have met together each week to as covid safe an environment as is possible - some feel it is not yet the right time for them to safely return.

Please remember Eddy and Don in your prayers. Our thoughts and good wishes are with you Eddy as, hopefully by the time anyone reads this, you are at home, recovering from your long awaited surgery in Bristol.

While we are not all meeting together please look out for each other and let our Church Friends coordinator know of any concerns.

Please note -

The welcome service for Rev Stephen Caddick has been postponed from September 2nd, as publicised in the last Messenger. It will now take place in November. However you may see Rev Stephen before then, as he will be visiting the circuit in September and October and hopes to get to know a few people before his official welcome.

If you're reading this Stephen, we look forward to meeting you soon.



Church Friends – As we come out of the covid lockdowns and life is a little easier I would like to thank all the Church Friends for all the love, support, care, and prayers that they have shown to our Church congregation through 'phone calls and messages etc.. I know that it has all been very much appreciated by everyone.

However, I am sure that you will understand that visiting people in their own homes, even though most of us are 'doubly jabbed' is not possible for the majority of our Church Friends, many of whom are vulnerable or caring for someone who is vulnerable. So I ask that we all be patient and understanding. Please pray that, as the situation regarding covid eases, some of our Church Friends will once again be able to visit.

Thank you for your understanding. – Love & blessings Shirley B.

Message

Dear friends,

I am writing this letter after an afternoon with members of the church family at the church picnic held at the Bluecoat School in Pilton. We are very grateful to the school for allowing us the use of their wonderful outdoor facilities.

I have to admit to having doubts the picnic would happen when, just after 11am, the rain was coming down, again. I was mistaken. Admittedly it was a little windy and hardly a balmy August day when we arrived to find Maureen at the school gate, ready to welcome us. But soon more and more people arrived. Christopher and his saxophone were there, well settled in a sheltered spot out of the wind, a spot carefully chosen for the musicians who would be playing later for our worship but a spot that proved popular with most of us!

It was good to be together, catching up on news, some good, some not so good. Chatting in the relaxed way of friends with no pressure on time or the dreaded request 'not to loiter'. It was good to be together, laughing and joking, seeing each other's smiles rather than having to imagine them from behind masks.

And as the afternoon went on the wind lost its bite, the grey clouds were replaced with white and then, at last, the sun shone and with blue sky appearing all around us, we joined together in a simple act of worship singing and giving thanks to God for the world, for friends, for life, for pizza (not my suggestion, although I certainly agree) and for blessings we have known, even in the storms which have blown through our lives since we could last be together in such a way.

These are early days as we take gentle steps into what will be a new normal, but our desire to express God's love for us through Christ in our love and care for one another will never change.

Whether or not you were able to be there, if you are needing to shield or are stuck at home, please know that you are loved, by God, by your brothers and sisters in Christ, and by me.

Every blessing,



The church picnic has inspired more than one write-up! Each has their own viewpoint, but all agree it was a pleasure to be there.



Prayers for September

September 5th

All-inclusive and ever-loving God, we praise and adore you.
With you there is no south or north, no east or west – no borders.
You care for each one of us.
You are a healing God,
who heals us wherever and whenever we need your touch –
whether in body, mind or spirit.
We come in prayer to you now, our hearts filled with love for you. Amen.

September 12th

Creative God,
you called us into your kingdom, and adopted us as your children.
Redeeming Saviour,
you showed us how to be servants, denying ourselves to serve others.
Sustaining Spirit, you give us strength to take up our cross
in the service of the kingdom of God.
Teach us to serve others, and in doing so, to serve you. Amen.

September 19th

Thank you, Lord, that we can always find our place in you.
Thank you that we belong to you, and no one can take that away from us. We are
secure in your loving arms. We need never be afraid to ask you anything.
Thank you for the people who give us a cup of water, and much more, because
we are all your children. Thank you for the times we can meet blessing with
blessing. Amen.

September 26th

Loving Lord God, you care so much for each one of us.
You are there for us whenever we turn to you.
When we are truly sorry, and intend to move forward, to live our best life, you
graciously forgive us all our sins.
We gratefully and humbly accept your forgiveness and peace. Amen.

Offertory envelopes & Gift Aid

With our gradual return to Sunday Worship together again and Janet taking
over from Judith as gift aid secretary, it seems an ideal opportunity to update
all the gift aid records. To comply with our data protection policy all out of
date information, after it has been kept for the length of time required by
HMRC, will be destroyed.

Around 30 people now donate directly to the church bank account but if you
wish to use the envelope system to give during a Sunday service, please see
Janet. (We do not have a complete list of those using envelopes so are unable
to distribute them this year - you will need to ask.)

If you are a tax-payer and are willing to gift aid your offertory, we would like
to check that the details on the form you signed are current - you may be
asked to complete a new form, please be patient. The income from tax
refunds under the gift aid scheme is important to the church finances.

A very big thank you to all those who give to the church,

Kathy & Janet

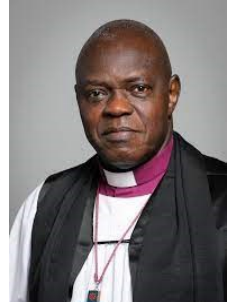


CHRISTIAN AID CORNER

Dr John Sentamu to succeed Dr Rowan Williams as Chair of Christian Aid

The Rt Revd & Rt Hon Dr John Sentamu, the former Archbishop of York, will be the next Chair of the board of international development agency Christian Aid.

Dr Sentamu - who has been outspoken on issues of poverty and justice in the UK and globally for many years - served as the Archbishop of York from 2005 until 2020.



Born in Kampala, Uganda, Dr Sentamu will be the first person of African descent to take up the position of Chair in Christian Aid's 75-year history.

Dr Rowan Williams, former Archbishop of Canterbury and current Chair, will stand down at Christian Aid's Annual General Meeting (AGM) in November, having served two full terms of office.

Announcing the appointment today, Christian Aid's CEO Amanda Khozi Mukwashi said: "This is wonderful news for Christian Aid. Dr Sentamu brings with him a passion and energy for global justice, a deep love of the Church and a profound theological understanding that will be able to speak into the crises of climate change, Covid, conflict and debt that are affecting the world's poorest communities. We look forward to welcoming him to the Christian Aid family."

In news closer to home, Carolyn Provan has decided the time has come to step down as Christian Aid secretary and organiser for Christ Church and the Barnstaple Christian Aid Week. I am very grateful to her for staying on this year to show me the ropes. Thank you Carolyn for everything you have done over your many years in office.

If you or someone you know would consider taking on this role please get in touch with me or one of the elders. Carolyn and I will be happy to talk you through the role and offer any support needed. It is vital that this work continues.

Around the world, more than 41 million people in 43 countries are on the brink of famine, and without immediate action, many women, men and children will die. The triple crisis of climate change, Covid, and conflict has led to spiralling food prices and rising hunger in many of the world's poorest communities.

With grateful thanks for your ongoing support,

Janet

What's happening?

The August elders' meeting has been postponed to August 25th so no report this month. However a brief report on the progress of the Community Links building work - see photos on the back cover.

Comments from the site meeting on Thursday 29th July 2021

- Summary – all going well and much as expected.
- The top capstone and the flat coping stones running up either side on the gable, featured in one of the photos we've seen, have all been lifted off and re-bedded to a true line (they had slipped over the years) and the worst eroded ones replaced.
- The four pinnacles on the tower are currently being renovated.
- Other pieces of worn stone have been replaced – more to complete.
- Such cleaning as has been permitted by the conservation officer, has been finished.
- Repointing is at least 50% complete.
- Stone replacement is about 50% complete.
- A lightning test is scheduled for the end of August.
- The church wall to the side of the car park will be lime rendered. This will not be painted as it needs to 'breathe' so will be creamy white in colour. It will have a slightly rustic look as the wall is far from flat and the rendering will simply follow the contours of the wall.
- The cracks in the wall will be filled in. (It is the personal opinion of the contractor that the problem was most likely to be due to the failure of the arch owing to lack of support rather than subsidence – the ground in the area of the new buttress is solid.)
- Removal of graffiti in one of the doorways is proving difficult.
- Choice of paint colour for the doors postponed while David investigates further if they are currently painted or varnished. (*Now confirmed varnished.*)
- The surface of the foundation stone is disintegrating. It is a thin layer of marble with metal lettering inset. The marble has bowed and some of the letters have dropped out of their grooves due to the surface deterioration, exacerbated by cleaning. David will consult the conservation officer about the contractor's suggestion of replacing a section – cost £1300. (Like for like with original letters in a new piece of marble – he's very skilled.)
- We looked at the 3 gallery windows on the town side (west?) which are not part of the scheme so far. David will ask for a quote for repair as we have not so far used all of the funds set aside for contingencies. However, even if we can finance it, the contractor may run out of time.
- The second stage payment is now due and is in line with the contractors quote.



Jo Grant

Thursday at 18:19 · 

Please donate for Chemo Hero if you are able and willing. We are over halfway to Lillian's target. Many thanks xx



[GOFUNDME.COM](https://www.gofundme.com)

**Steve's Brave the Shave for Chemo Hero,
organized by Jo Grant**

Not sure whether anyone is on Facebook, but if they are and they would like to support the Chemo Hero charity ... one of our students is very fond of the Chemo Hero charity and her TA agreed to having his beard shaved off for this ... We don't seem to be reaching Lillian's target 😞 and she is disappointed and taking it to heart! If anybody can spare £5 to get this girl smiling again, please donate. 😊 The Just Giving page is on my Facebook page.

Many thanks,
Jo

Editor's note: On Sunday 15th August this was still live and to be found on Gofundme.com - search for chemo hero. Lillian has now exceeded her target but the fundraising continues.



Music and singing, fun and games, laughing and joking: young and less young enjoyed being together



Harvest time at Kira Farm



Scovia learning to lay bricks

Amigos
TRAIN
WORK
THRIVE



Christ Church Picnic, Sunday 8th August

The sun shone brightly (as forecast!) after the heavy rain of the morning (as forecast!) as we gathered from 12.30pm at the Pilton Bluecoat Primary School for our picnic. Church members and friends came - bringing their chairs, and often a second one for others to use - and parents, grannies and their young children. The setting was perfect. There was a hard playground, a safe soft play area with climbing equipment etc., for children to play on and a large grass playing field to run around on.

People quickly settled down, adults in a circle in a sheltered corner on the playground, away from the strong breeze, and parents and children exploring the grounds which included a fixed outdoor table tennis table complete with bats and balls. There were many animated conversations and everyone seemed fully included. And in the course of it all everyone opened and ate their picnic!

All too soon, it was time for our final worship. Don and Eddy had joined us from Sticklepath where he had been taking the morning service. We sang - at full voice - and without masks, including 'Amazing grace' and 'He's got the whole wide world in his hands'. Our much missed music group accompanied us, helped by an impromptu percussion group formed spontaneously by the very youngest present. After this time of worship together, we helped with the packing up and went home (some of us reluctantly!).

It had been a very happy gathering - a wonderful opportunity to chat and catch up. We all went home with broad smiles on our faces, grateful to the school, to the organisers, and not least for the sunshine and good weather.

Tony

News from Amigos and Kira Farm

"Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go." Joshua 1:9

Words from Amigos in introduction: ***'Not quite business as usual' but 'there are many reasons to praise God and be thankful...'***

As for all of us, it has been a difficult time in Uganda, but thankfully the country is now emerging from its second lockdown with the lifting of many restrictions. Kira Farm has been kept running - albeit to a lesser degree than normal - and been able to move forward in line with government guidance. However, one particular impact of the lockdown has been that the trainees were sadly unable to go home for their 2-week break to be with their families. Nevertheless the Amigos team has been amazing keeping going and showing great resilience and versatility amidst these challenging times.

The second semester on Kira Farm is now in progress, begun with the joyful harvesting of the crops the students planted a few months ago – an abundance of them. As one of the students said ‘The harvest has been overwhelming. I have never seen so much maize from such a small garden’. This success is but one of the ways that the students have shown the incredible progress they have made this past year. The conservation skills they have learned ‘farming God’s way’ will surely give them so many more bountiful harvests when they return home.

Away from Kira Farm, there have also been some reasons to be thankful. The lockdown occurred at a time of harvest so at least there has been a good amount of food to sustain families in rural areas - avocado, mango, jackfruit and matokee amongst others.

Scovia, as many of the other students, was unable to return home. In her monthly letter she has had the courage and trust to voice her feelings about her own difficulties, undoubtedly reflecting the feelings of other students too. However, with her usual determination and commitment she is moving forward, eager to continue her learning – and relishing being back working again! Her gratitude for Kira Farm and her precious sponsorship is ever *present*. And so to her letter...

The Second Semester begins...

*Dear Anthea and Tony and Friends at Christ Church ,
It is yet another opportunity from God for us to be communicating this month.
I pray that you have been well and that your life is amazing.*

Back here, Kira is alright and everyone is fine. I didn’t get a chance to go back home because of the lockdown we are currently in but I believe it was all for the best. I spent the two weeks not doing a lot. On holiday, without going back home. It hasn’t been easy. I think about home and sometimes feel emotions but I push on.

Kira farm has kept me very safe and healthy and I am grateful to them. A friend of mine says that things go bad before they become better, so I am thinking about that a lot during this hard time. The second semester has started with power. I can’t wait to learn even more things in my life.

Thank you for all that you are doing for me, may the Lord bless you so much.

*With love,
Scovia Caro*

NB The photo of Scovia (see page 8) this month is quite exciting and encouraging to see. You may remember that in her letter in April she said that she had left her hairdressing module to take up building instead because...

'... I have a dream of becoming an engineer in the future. I believe ladies also deserve a chance to work in sectors which are taken over by men because we can manage to do it.'

And here she is in the picture taking her first steps – bricklaying – and looking very happy and proud about it. Brilliant! And may her dream come true.

And in conclusion, **yet another reason to be thankful.** Quoting from the Amigos newsletter:

'Amigos is turning 21! We know, it's hard to believe it but we are officially 21 years old and my goodness what an incredible couple of decades it's been. We cannot thank you all enough for supporting us from our first baby steps to the giant strides we as a charity are taking today. One thing we've learnt over the years is that life is precious, and we want to make every minute count.

So, for our 21st birthday, we're not asking for money (yes you heard us right!). We're asking you to 'be the key' that will help unlock more precious Ugandans from poverty and give them a hope-filled future.

How can I be the key, we hear you ask? By simply spreading the word! Why not share our [Facebook](#), [Instagram](#) or [Twitter](#) pages with your friends? Tell a neighbour about our [child sponsorship programme](#) and show them how easy it is to sign up? Take an annual review into work to show your colleagues? The impact your voice can have is life-changing.'

Our Prayers...



We thank you that Kira Farm has been able to continue running during this difficult time and we pray for confidence, strength and hope for both the staff and the students as they are at the beginning of their second semester together.

We thank you that Scovia, despite disappointment at not being able to return home for her break is looking forward to learning more things in her life, and we pray that she continues to be strong, determined and committed to take her towards her dream.

We thank you for Amigos and the amazing work it has achieved over the past 21 years, empowering and changing so many people's lives with all the work giving people life and hope. We pray that its work may continue long into the future so that more and more Ugandans may be unlocked from poverty and be given a hope-filled future,

Once again in the words of the Amigos team: **'We truly have so much to be thankful for. God's hand of provision and protection is a steadfast comfort to us all, and we have the assurance that He will never leave our side – Hallelujah'**

Anthea

Plastic Free North Devon Ambassadors get to work

As a church we are now officially "Cleanse and Clean Ambassadors" for Plastic Free North Devon (PFND). Our first event was a Park Clean in Rock Park on Saturday 17th July.

As I've never organized anything like this before, I decided to start small! Also, at the time we were still limited in how many could meet up outside. So Rev. Don and some of the Elders – along with a few 'other halves' – got their gloves on and set to work picking up litter with equipment loaned by PFND. I chose the park as it was more accessible to everyone than going to a beach. It was incredibly hot but very rewarding work. We found some interesting items including various bits of clothing and half a bank card!

4 large sacks of litter were collected in all – a wonderful achievement in just one hour. After cleaning ourselves up we sat in some very welcome shade for a picnic tea. It was so lovely to be able to meet up in person after months of Zoom meetings.

I will be organizing more events soon, probably focusing on the area around Bear Street.

If you would like to join in a PFND event, details are on their website: www.plasticfreenorthdevon.org

Upcoming events include:

Rock Park clean on 28th August

Saunton Beach clean on 2nd September

Croyde Beach clean on 25th September

Liz Seymour

Young Families Work News

What a joy and delight it has been over the last month to have opportunities to bring our children and young families together at last. Two picnics were enjoyed – with the hope of more - and now that the church has reopened, Sunday Club's door has also reopened - and will hereafter be open. A big welcome awaits all children who come (and all those who care for them too of course!).

Our first return to Sunday Club was really so special and rather emotional. It was so good to see the children – and the team - again. There were but few of us as it was summer holiday time but this gave us more opportunity to chat and catch up together. The children arrived full of smiles and excitement. They were as energetic as ever but they settled down as if they had never been away, making one small newcomer very welcome and part of the group. They enjoyed the story of Martha and Mary, associated games and a snack. But that part was indeed different – no toast because of restrictions! Just individually wrapped cakes and biscuits. No complaints though! The children were brilliant at accepting all the things that went along with the guidelines to be Covid safe



Rock Park Clean

Collected 4 bags of rubbish.....



....including some disintegrating underpants!

PLASTIC FREE
NORTH DEVON

Friday Afternoon Zoom Tea Partygoes out!



Thanks to the hard work of Staveley and Christopher, Noah's Park was made ready for the children to play in too. It will be well used during fine weather – a welcome place to let off steam in the fresh air.

Before this first return to Sunday Club, the July 'newsletter' in a small package had been sent out to families. With the news that the church was soon to reopen, it contained not only a big thank you for the work that had been done towards the Wave of Hope, but also two invitations. The first invitation was to respond to a challenge - to use the enclosed different coloured card to design a poster to give all those returning to church a warm and very special message: 'Welcome Back'. (We hope you have noticed some of the posters in the vestibule). The second invitation was a welcome back to us all – to a picnic in Rock Park in place of our usual monthly Zoom Get Together. Sadly though the English weather got the better of us and - guess what - it rained!

But the next two planned picnics successfully took place! Joy and Sandy arranged one for the Parents and Toddlers group on July 21st (and it was on a scorching day!) which Joy has written about on the next page. And the Annual Church Picnic on August 8th which was for the whole church family and which we can read more about in other places.

Though the Annual Church Picnic is being mentioned elsewhere – here are a few more thoughts! Pilton Bluecoat Academy proved to be an ideal place for friends, families, young people and children alike to come together and relax in each other's company – whatever their age. Everyone happily mingled, catching up and chatting, pressure taken away, enjoying just being themselves. It was just sad that early rain put off several that were hoping to come. The grounds offered various opportunities – a playground, a football area, a table tennis table, a large field and a beautifully laid out play area under the trees. It was here that the younger children spent most of their time on the various climbing frames and equipment but also under them as a place for creative and imaginative play. And they just loved the space in which they could run around safely and freely. The wind blew gustily and the balls just blew away with little chance too to use the other games and equipment. But they were happy in their own world and played happily and harmoniously together as well as with the willing young people and other grown-ups (see the picture!). The closing worship was accompanied by the children's enthusiastic percussion playing and, thanks to Don with his understanding and welcoming flexible approach, and helped by Christopher with his ability to spontaneously accompany on his saxophone, it ended after the final prayer and blessing with the children's requests for two of their favourite songs!

We were extremely well looked after by the Trust Business Manager and the Premises Manager of the school, with the promise that we would be welcome again. And it's amazing how many people at the picnic had associations with the school, as a pupil, as a parent, as a governor, as a

Teaching Assistant. So many happy and appreciative memories too. The school is a lovely and safe place to be.

THANK YOU to everyone who contributed in any way to a very happy afternoon, which of course includes all of you who came!

It has been truly joyful meeting up with many of you again in person, and we very much hope and pray now that we will be able to restart our children's and young families' activities soon. We so look forward to being with everyone again and welcoming you back. But we will keep you posted. We do hope too that you have had a very enjoyable summer.

With love, prayers and blessings from Sunday Club, Café Church and Parents and Toddlers.

Anthea

Parent and Toddler Picnic

On a very hot day in July we had a reunion of the above group, we had 15 helpers and parents/grandparents, plus 12 children in Rock Park. It was great to see them all, and to meet 3 new babies born during lockdown.

We all brought our own picnic, and drinks and the children did not need amusing as they renewed old friendships.

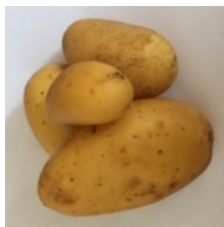
Thanks to Chris for the cakes he brought.

It was lovely to see such happy smiling faces.

We look forward to meeting up in the Autumn, at Christ Church or we may repeat it again in September.

Thanks to all who came.

Joy Morley



My Sunday Club Challenge potato harvest!
Dug up and eaten a few weeks ago.

I'm sure there must be someone out there who can beat that - do send us a picture.

I didn't try the carrot or the sunflower but maybe some of you did.

Kathy

SAINT MAGNUS

Saint Magnus is the patron saint of Orkney. He was born in 1088. Magnus Erlendsson was the first son of Erland, Earl of Orkney. Magnus' father was a twin, which was the root of the problem that would eventually lead to the civil war to which Magnus sought to bring an end. In early life Magnus became a pirate but was converted to Christianity. He was captured by Magnus Barefoot, King of Norway and forced to conduct raids along the west coast of Britain.



Erland and Paul, his twin brother ruled jointly on Orkney and remained on friendly terms until their children reached adulthood. This situation changed when rivalry erupted between Paul's son Haakon and Erland's other son Erling. Both were talented men but were quarrelsome and arrogant. Magnus, on the other hand was a quiet man. Haakon considered himself to be the most high born and wished to be seen as the foremost amongst his kin. Erland re-

refused to accept this and eventually the earldom was divided into two distinct territories.

When Haakon left on a long journey to Scandinavia, staying for some time with Magnus Barefoot, King of Norway, peace reigned in Orkney as Haakon's father, Paul, had largely handed over control to Earl Erland and his sons.

Understandably the people were not keen on Haakon returning. Haakon asked King Magnus for help, but was tricked and instead of making him Earl, captured him, Magnus and Erling as hostages to serve him.

King Magnus set out on a raiding expedition along the west coast of Scotland and into the Irish sea. Magnus was brought along with his cousins but refused to fight the Welsh in the Viking raid on Anglesey stating that 'he had no quarrel with any man there' and in keeping with his reputation for piety and gentleness he stayed on board during the battle of the Menai Straits, reputedly singing psalms.

Magnus was forced to seek refuge in Scotland but returned to Orkney in 1105 where he ruled jointly with his cousin, Haakon until 1114. Eventually the two fell out, peace was negotiated on condition that the two cousins would meet on the Island of Egilsay at Easter, each bringing only two ships. Magnus kept his side of the bargain but Haakon arrived with eight ships. Magnus stayed overnight in the church but was captured in the morning. Haakon gave the order to his standard bearer to execute Magnus, but he refused. In the end Haakon made his cook kill Magnus striking him on the head with an axe. Magnus prayed for his executioner before his death.

Following numerous reports of miraculous healings, including the Bishop of Ork-

ney recovering his sight after praying at the grave of the martyr, Magnus was declared a saint and a church built on the site of his martyrdom. At a later date Magnus' nephew called for a stone minster to be built at Kirkwall in memory of his uncle. This magnificent building which became St Magnus Cathedral still stands today.

Recently there has been a revival of interest in St Magnus who inspired much creativity in the Orkneys and acknowledgement of his gift for peace and healing the people of hatred and division. He is said to have appeared to Robert Bruce on the eve of the Battle of Bannockburn (1314) and promised him victory.



Music to the listen to:
Peter Maxwell Davies – An Orkney wedding with Sunrise

BLACKBERRY AND APPLE CRANACHAN

INGREDIENTS

2 ounces (50gms) butter
2 ounces (50gms) demerara sugar
3 ounces (75gms) rolled oats
150 ml whipped cream
5 ounces (115gms) Greek yoghurt
2 tablespoons each of honey, demerara sugar and whisky if desired
8 ounces (200gms) blackberries
2 tart apples, such as Granny Smith or one large Bramley, peeled cored and sliced

METHOD

- 1 Melt half the butter in a small pan, add the oats and cook for one minute, then add half the caster sugar. Stir for 4 – 5 minutes until oats have caramelised. Tip onto a piece of baking paper and leave to cool.
- 2 Lightly whip the cream, then fold in the yogurt, honey, whisky if using, stir in the blackberries, leaving a few aside to decorate.
- 3 In a pan, melt the remaining butter and sauté the apples (in batches if needed) for a few minutes, add the remaining sugar and caramelise. Set aside.
- 4 Layer up the cream and oats with the apples in 4 glasses. Top with reserved blackberries. Serve with oaty shortbread if desired.

Jennifer

Weekly Meetings

Monday	7.30pm	Friendship group	(2nd & 4th Mondays of each month) contact Rose de la Cour tel 830824
Tuesday	9.30am - 12.00 noon	Coffee morning	
	9.30am	Prayer meeting	(except the last Tuesday of each month)
	10.30am	Holy Communion	(last Tuesday of each month)
	5.30pm - 6.30pm	Rainbows	
	5.30pm - 7.00pm	Brownies	contact Nicola Wilkins
	7.00pm - 8.30pm	Guides	tel 07813620615 or 01271377154
Wednesday	1.30pm - 3.00pm	Parents & Toddlers	
Thursday	2.30pm	Ladies Fellowship	
	7.30pm	Bible Study...	contact Shirley Baxter tel 375560
Friday	10.00am - 12.00 noon	Hobnob coffee morning	
	10.30am	Bible Study...	contact Shirley Baxter tel 375560
Saturday		2nd Saturday of each month	- circuit event
	8.30am	Men's Breakfast	contact Chris Punt tel 343716 or Staveley Dawson tel 373213

All at Christ Church Barnstaple are committed to the following Safeguarding Principles:

- * the care and nurture of, and respectful pastoral ministry with, all children, young people and all adults.
- * the safeguarding and protection of all children, young people and adults when they are vulnerable.
- * the establishing of safe, caring communities which provide a loving environment where there is informed vigilance as to the dangers of abuse.
(Methodist Safeguarding Guidelines, online: www.methodist.org.uk)

Sunday Offertory for 2021

Cash and Envelopes

July	4th	£0.00
	11th	£0.00
	18th	£0.00
	25th	£146.75

An increasing number of people are donating money direct to the Church account by standing order. Currently this offertory is £1965.00 per month. Many thanks to all of you. If you have given me an envelope number your gift will be included in the offertory in the accounts, otherwise it has been recorded as a donation. *If you are a tax payer* and would like the church to claim back the tax on your giving or if you change your address or other details, please contact Janet Marshall or speak to a serving elder - Thank you.



*If you are visiting Christ Church today we extend a warm welcome.
Please take a Messenger home with our good wishes.*

Christ Church Minister
Rev Don Macalister

tel. 01271 345313
dasmacalister@icloud.com

Young families worker

Elders

Shirley Baxter	Kathy Jeacock (treas)	Jenny Newman
Alison Cairns	Chris Marshall	Eff Poole
Anthea Coates	Janet Marshall	Liz Seymour
Staveley Dawson	Jack Neville (sec)	Elaine Stevens

Telephone Directory (01271)

Church Secretary	
Church Treasurer	373555
Room Bookings	374085
Circuit Administrators	379116

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The trumpet banner welcomes everybody back to Sunday morning worship.



Safety measures are in place such as temperature checks, distanced seating and sealed communion bread & wine



Outside, the building works continue...



The new buttress is finished and replacement stones have been cut and ready to fit, however, it is still very much 'work in progress'.