

The Messenger Christ Church

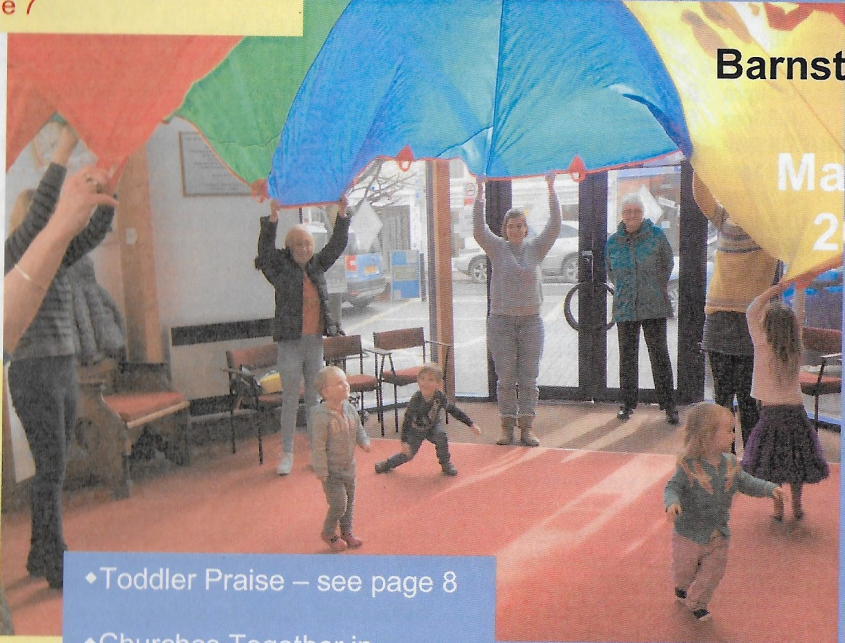
Methodist / United Reformed Church

Barnstaple

March 2020

♦Lenten message- see page 3

♦News of Christian Aid events-
see page 7



♦Toddler Praise – see page 8

♦Churches Together in
Barnstaple– see page 5

♦Monday Church – Time to be with
God -see page 7

♦Sound it out – waltzing!



World Day of Prayer Service
2.30 pm Friday 6th March
Christ Church Barnstaple
-see page 6

Calendar

February 2020

Wed	26th	7.00pm	Ash Wednesday Service—Rev Sue Macbeth
Thur	27th	7.00pm	Circuit Conversations led by Rev Robert Hurley - information on the topic 'Relationships & Marriage' is available in the vestibule.

March 2020

Sun	1st	10.30pm	Rev Don Macalister	Communion
		6.30pm	'Rejoice!'	
Mon	2nd	7.15pm	Elders' meeting	
Thur	5th	10.15am	- 11.30am Two Bridges Café	
		2.30pm	Ladies Fellowship	- speaker Mrs Sylvia Jones, St David's Day
Fri	6th	2.30pm	World Day of Prayer Service	see page 6
Sun	8th	10.30am	Deacon Joan Cole	
		4.30pm	Café Church	
Mon	9th	7.30pm	Friendship Group	- speaker Peter Christie, Folklore of Devon
Tues	10th	10.00am	- 12noon 'Sound it Out'	
Thur	12th	10.15am	- 11.30am Two Bridges Café	
		2.30pm	Ladies Fellowship	- speaker Rev Tim Sutton
Sat	14th	8.30am	Men's Breakfast	- speaker Steve Bedford
		11.30am	- 2.00pm Lenten Lunch	see page 7
Sun	15th	10.30am	Rev Don Macalister - Family Service	
		1.00pm	Bring your own lunch planning meeting for Christian Aid with CA reps from other churches	see page 7
		6.30pm	Rev Robert Hurley	Communion
Thur	19th	10.15am	- 11.30am Two Bridges Café	
		2.30pm	Ladies Fellowship	- speaker Val Kift
Fri	20th		Mayor's Concert	
Sun	22nd	10.30am	Rev Don Macalister	
		6.30pm	Sylvia Edwards	
Mon	23rd	7.30pm	Friendship Group	- speaker Mrs Smudger's Kitchen, Easter delights
Tues	24th	10.00am	- 12noon 'Sound it Out'	
Thur	26th	10.15am	- 11.30am Two Bridges Café (Last week of term so check before you go)	
		2.30pm	Ladies Fellowship	- Members sharing afternoon
Fri	27th	7.30pm	Prayer for Community Links Project	see page 3
Sat	28th	10.00am	- 3.30pm Elder's Day at Croyde Bay Resort Conference Facility - a URC Synod event	
Sun	29th	10.30am	Rev Tony Coates	
		6.30pm	Oasis	

Bible Study - there are four Bible study groups, two in Christ Church Barnstaple on Thursday evening and Friday morning, one in Sticklepath on Thursday lunchtime and one on the third Monday afternoon of the month at the home of Reg & Muriel. Lent courses start Feb/March, please check with the appropriate contact, also see page 6.

Contacts:-

Third Monday Group - (Sue Macbeth 345445) Sticklepath - Joan Cole - (326348)

Thursday evening - Marilyn Tricker (830869) Friday morning - Shirley Baxter (375560)

Dates for you Diary

April	Saturday 25th Church Quiz
May	Saturday 2nd Afternoon Tea in aid of Sound it Out
	Saturday 16th Coffee Morning for Christian Aid
June	Saturday 23rd Sponsored Walk in aid of Action for Children

Message

Dear Friends

Some years ago Eddy and I enjoyed a few days in Dublin. It is the only time I'd been to Ireland and I was looking forward to the warmth of the Irish welcome I'd heard so much about. I wasn't disappointed and found it as special as so many had told me it would be.

There were several highlights to the trip, the most powerful being a bus tour of the city.

The driver was also the guide and he managed to personify everything about the warmth and humour of the people of Dublin wonderfully. He was a man with a, shall I say, relaxed attitude to red traffic lights, a gentle sense of humour and fun and of course a beautiful lilting Dublin accent. But it was what he said rather than how he said it that was so moving.

I realised how painfully ignorant I was about Irish history and the persecution suffered by the Catholics. In a society in which Catholics made up over 90% of the population they were refused the right to vote, or to attend university, and almost no hope of well paid work. This was spoken of without bitterness but matter-of-factly as simple historic information.

That in itself was powerful but it was when it was followed by an expression of gratitude to the Huguenots (French Protestants) who had escaped to Ireland to avoid persecution by French Catholics that we were gently reminded that all religions are capable of such behaviour.

In this season of Lent perhaps that is a reminder that we all need as we seek to follow in the footsteps of Christ in his journey to the Cross of Good Friday. Here was the ultimate expression of intolerance and prejudice.

Who do we relate to most easily in Holy Week? The crowds welcoming Jesus into Jerusalem on Palm Sunday or those shouting for his death a few days later? We would be right to hope we would be the first but to fear we might be the second. The real tragedy is that some may well have been in both.

Easter will arrive next month but in the meantime let's recognise both the good and the bad within us and within our society and open our minds to the possibility of healing so that, when Easter does arrive, we are ready to open our hearts to the Good News of God's love made flesh.

Grace and peace



The next **Community Links Project Prayer meeting** is on Friday the 27th March at 7:30pm.

Everyone will be very welcome to join this group as we pray for the church and the Community Links project. Thank you, Shirley

Prayers for March

1st March

God of power and might, of knowledge, wisdom and truth:

I thank and praise you that you show me how to overcome temptation and to keep my focus on you; I thank and praise you that you never give up on me, even when I do things wrong; I thank and praise you that when I go off course, you lead me back. Thank you, Lord God, for your constant love. Amen.

8th March

Lord Jesus,

help me to remember that I belong to you, and you belong to me – through the gift of eternal life.

Lord, may our church always be a place of welcome, hospitality, love and grace – where all who enter will feel that they belong. Open my heart, Lord, to welcome all. Amen.

15th March

Open my eyes, Lord,
open my heart, Lord,
open my mouth, Lord,
to your life-changing Spirit,
that all around me might see you in me. Amen.

22nd March

Heal those who mourn, suffering loss and sadness;
those who are alone, rejected by family and friends;
those who are outcasts in our society.
Lord, show me how to be an instrument of your healing.
Open my eyes that I might see. Amen.

29th March

Thank you, Lord, for your constant presence.
Thank you for holding me and comforting me.
Thank you for crying with me when I am hurting.
Thank you for weeping with me when I am broken-hearted.
Thank you, Lord, that you never let me down,
that you always give me hope.
God of new life, I give my thanks and praise today. Amen.

Apologies to Joy for not putting this in last month:-

Thank you to all who attended Andy's Thanksgiving Service on Friday 10th January and for all the help received - From Reverend Don, the choir, readers, Jack on sound system, and Eff and her wonderful catering team. Thank you so much.

Also **Thank you** so much for all your love and kindness over the past year, for cards, flowers, phone calls and emails.
God bless, Joy Morley

New email address joymorley20@gmail.com

Rough Sleepers provision – The Salvation Army are hosting Safe Sleep until the end of March. Currently 9-10 people are taking advantage of this support. Last year it was 18 per night. Volunteers from churches are helping to cover the nights.

Foodbank – It was reported that 122 vouchers were given out before Christmas of which 80% were for families. Please continue to support the needs of families and all those in crisis in our area.

Good Friday Walk of Witness – Will be on Friday 10th April. There will be more information about this event in April's Messenger.

Experience Easter in Primary Schools – Ten primary schools in our area are involved in Experience Easter with seven churches hosting. Please pray for this special event involving many pupils and their teachers.

Please pray for Churches Together and all that we as a community of churches are involved in. Thank you. Shirley B.

Sunday Prayer Book - As you are probably aware the list of those needing prayer on a Sunday morning can be quite long.

It has been decided that we shall pray for those on Sunday who have immediate needs or problems and have a separate list for the Tuesday prayer group.

On Tuesday mornings people will be prayed for looking at each individuals need for prayer.

To help us to pray effectively please let Shirley Baxter know of those who need prayer and the reasons for their need of prayer. It would also be helpful to be kept updated regarding any progress or any new need. – Thank you – Shirley Baxter.



Lent Groups 2020: 'Journey to the Cross'

Using resources from the charity 'Embrace the Middle East', groups will:

- Explore a journey that travels with Jesus;
- Hear stories from the Middle East today;
- Look at our own lives and the people we meet.

It's not too late to join one of the groups, or use the booklet on your own.

A sample copy is on the table in the vestibule - Contact Marilyn, Shirley, Sue or Rev. Don for a copy of the booklet.

(Donations towards the cost of £2 per copy are welcome)

Groups are meeting:

Thursday evenings 7.30 in Room 4
starting on Mar. 5th (Marilyn Tricker 830869)

Friday mornings 10.30 in Room 4
started on Feb. 28th (Shirley Baxter 375560)

Third Monday group
(ask Sue Macbeth 345445 for details)

Alternatively, you would be welcome to join the Thursday group at Sticklepath – they are exploring the Beatitudes.

(contact Joan Cole 326348)

Marilyn Tricker

World Day of Prayer Service

2.30 pm

Friday 6th March

Christ Church Barnstaple



This year the service has been prepared by women of Zimbabwe

All are welcome

As Christ Church is the host church this year, we need to provide afternoon tea at the end of the service. I would be grateful for offers of food for this, sandwiches, cakes etc. I also hope that we will be well represented as the host church.

Eff Poole



Tuesday coffee rota

Mar	3rd	Tony, Celia & Rose
Mar	10th	Pam, Gordon & Sylvia
Mar	17th	Wendy, Anne & Gill
Mar	24th	Pam & Rose
Mar	31st	Joy & An Other

Apr	7th	Ena, George & Rose
Apr	14th	Tony, Celia & Lorna
Apr	21st	Pam, Gordon & Sylvia
Apr	28th	Wendy, Anne & Gill



You are warmly invited to:-

Monday Church

**at Christ Church Barnstaple, Bear Street
on the 16th of March**

'Time to be with God'

for everyone, especially those with memory loss and their carers.'

We will begin at 2:15pm with a short interactive service including old and familiar hymns and prayers.



Refreshments after the service will be available.

For further details call:

Shirley 0271 375560



There will be a

**Lenten Lunch on
Saturday 14th March at
Christ Church Barnstaple,
from 11.30-2.00.**

The lunch will be a choice of soups, a roll, tea/ coffee and home made biscuits. A donation to Christian Aid would be much appreciated. Please come if you are able!

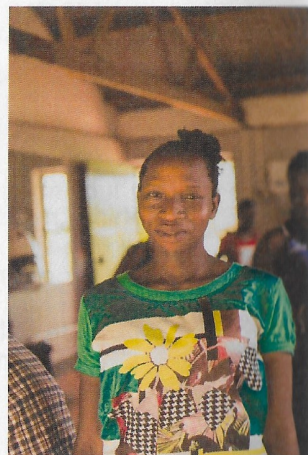
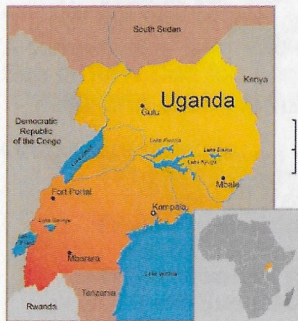
During Christian Aid week, May 10-16, there will be a fund raising morning on Saturday May 16th, consisting of a table top sale and coffee and cake morning.

We will ask the stall holders to donate 10% to the Charity. All proceeds from the coffee and cake morning will go to Christian Aid as well. In this way, Carolyn and I hope to bring in people from outside the church congregation as well those who do come to Christ Church.

If you know of someone who would like to run a stall, either privately or for their own church or charity, please let them know.

Lastly, if you would like to get involved with Christian Aid yourself, and have some ideas for the Charity locally, then please come to a 'bring your own' lunch on Sunday 15th March at 1.00. at Christ Church which is led by Jill Stone, the Regional Coordinator, she would appreciate your views and ideas.

Many thanks, Ronnie



A photograph of three young children in a classroom setting, holding up blue fabric puppets. The child on the left is a girl with blonde hair, wearing a white long-sleeved shirt and a purple skirt. The child in the middle is a girl with dark hair, wearing a grey sweatshirt with a panda face and a red skirt. The child on the right is a boy with blonde hair, wearing a blue denim vest over a light-colored shirt. They are all smiling and holding up their blue fabric puppets, which have long, flowing tails. The background shows wooden chairs and a dark wooden wall.



Water Aid stories and practicing being water carriers



The Journey Begins...

It gives me great pleasure to introduce Scovia Caro Auma our new sponsored 2020 Kira trainee. Like Prossy before her, she is a courageous and determined young woman, ready to work very hard and to learn all she can. She is 22 years old and comes from the District of Gulu in the Northern part of Uganda.

The following details about her have been sent by Phil Pugsley from Amigos:



Scovia is a well-spoken young lady, who speaks very good English. Her gentle disposition belies her thirst for knowledge and ambition to succeed, no matter what challenges she may face.

Scovia is an orphan. She lives with her grandmother and her daughter, Abigale, who is 25 months old. She has three sisters and a brother, all of whom are married; while Scovia is at Kira Farm, Abigale will stay with one of the sisters.

Scovia has had a difficult past and life is tough. She and her family are very poor and have only enough food for one simple meal per day. She shares a grass-thatched mud hut with her grandmother and Abigale, and they have an acre of clan land (which Scovia won't inherit). Scovia and her grandmother hire an additional acre, on which they grow sorghum and beans. The land costs about £7 for two seasons and they sell some of the crops to buy essentials like soap, salt, sugar and clothes. They have a hen; they did have a goat, but Scovia sold it to come to Kira Farm.

Scovia adores Abigale, who she says is her most valued possession, and in her few moments of fun, she loves to play with Abigale and read Bible stories. However, Scovia and Abigale's story is not a happy one. As Abigale was born a girl Scovia was rejected by her boyfriend and his family and no longer given a home by them.

When at home, a typical day for Scovia is anything but easy. After she wakes up at 7 a.m., she cleans the compound for half an hour before heading to the rented land with her cousin. They tend to the crops until 3p.m., then walk to the borehole to get water. This takes about three hours a day, depending on the queues of people pumping water. Three times a week, Scovia spends four hours collecting wood. Wood is getting scarce, and Scovia has been arrested before for scavenging wood. It gets dark at 7 p.m., so they finish their chores by the light of a kerosene candle and go to bed at 9 p.m.

Being sponsored to go to Kira Farm is a chance for a fresh start for Scovia. She wanted to go because she wants to be a success, and to show Abigale's father and his family that they have made a big mistake by rejecting them. She believes she got a place because God had mercy on her.

On arrival, Scovia received a typically warm Kira reception; the staff welcomed her with open arms, and she was thrilled to see the beauty of her surroundings, the thatched guesthouse and the stairs! She has settled in well and is making good friends. Her biggest surprise so far has been talking to a white person!

Scovia is looking forward to studying hairdressing, tailoring, conservation farming, computers, and anything else she can learn. She is confident that her future will be much brighter than her past, and she dreams of having her own hair salon with a sewing machine in it, so that she can design clothes when the salon is quiet.

And now...

'Greetings of joy...' Scovia's first letter to us:

'I am doing well and very excited. Thank you so much for sponsoring my year of training at Kira Farm - I am forever grateful for this opportunity.

'Here is a bit of information about me. Life has not been easy on my side. There has been less food to eat and getting water and medical treatment has also been difficult...my father's death... and the death of my mom...have caused very much instability within my heart and my family.

'Right now, I cannot express the joy and peace I have being on Kira and knowing that I am acquiring knowledge to benefit me, my family and the entire community I come from. I look forward to learning better farming methods, hairdressing and tailoring design.

'Thank you once again for the support - I am forever grateful!

'Yours Scovia'

Greetings Cards

A big thank you to all who purchased my cards at Christmas and through the year. Cards will be available at Hobnob on Fridays with Faith, otherwise please see me. Easter Cards are now available.

All proceeds go to church funds.

Thanks again, Anne.



ST DAVID OF WALES

March 1st is the day celebrated as St David's day. The date of St David's birth is not precisely known but he was born in the 500's. Legend has it that he was born on a clifftop during a raging storm in South West Wales. His mother was St Non and a chapel is erected in her memory marking the site of his birth. Today one can see the ruins of a chapel near the tiny cathedral of St David's, close to a holy well.

In medieval times it was believed that St David was the nephew of King Arthur. Legend has it that St Patrick of Ireland, also said to be born near the present day city of St David's, foresaw the birth of David in approximately 520AD.

The young David grew up to become a priest and was educated under the tutelage of St Paulinus. Apparently David performed several miracles, including restoring Paulinus's sight. It is also said that David advised his soldiers to wear a leek in their hats in order that they could be distinguished from their enemies. Which is why the leek is one of the emblems of Wales.

David was a vegetarian who was sustained with bread, herbs and vegetables and drank only water, he was known as Aquaticus (the water drinker) and it is said that significant events in his life were marked by the appearance of springs of water.

David became a missionary and travelled throughout Wales and Britain where he founded twelve monasteries, including Glastonbury.

Monastic life was strict, the brothers worked hard cultivating the land, pulling the plough themselves rather than using oxen. They followed many crafts and kept

bees. They were totally self-sufficient and provided lodging and food for travellers, they also looked after the poor.

St David is usually depicted in episcopal robes standing on a large mound with a dove on his shoulder. It is said that David was preaching in the open air and it came to his attention that those at the back could not see or hear the word of the Lord. A mound came out of the ground and raised him so all could see and hear, then God sent a dove to settle on his shoulder.

After his death, his influence spread far and wide and he was canonised in 1120. It is not known how much of the history is fact and how much speculation, but he has inspired pilgrims for generations. Today St David's day is celebrated in a colourful fashion with the beautiful spring colours of yellow and green in the daffodils and pale green in the leeks.

On St David's day Welsh cakes, barabirith and Welsh cheesecakes are enjoyed and young girls encouraged to wear Welsh national costume.

Music to enjoy on St David's Day - Bryn Terfel - Ar Hyd y Nos (All Through the Night)

WELSH CHEESECAKES

For the Pastry

8 Ounces 200grms plain flour

4 ounces 100grms butter

4 ounces 100grms raspberry jam

(any jam that you have in the cupboard can be used)

For the cake mixture

1 large egg

3 ounces 65grms softened butter

3 ounces 65grms self raising flour

3 ounces 65 grms caster sugar

1 tablespoon milk

METHOD

- 1 Make pastry, or use ready made shortcrust pastry. Allow to rest for a while if you have time.
- 2 Pre-heat oven to 180E, 170 Fan, Gas 5.
- 3 On a lightly floured surface roll out pastry and cut out rounds to line a 12 case bun tin.
- 4 Put a rounded teaspoon of jam in each pastry case.
- 5 Place the remaining ingredients into a bowl and beat until smooth. Put a spoonful of mixture on each jam tart.
- 6 Bake for about 25 minutes.

I chose to include this recipe, because it has always intrigued me that Welsh cheesecakes do not contain cheese. They are delicious and very popular with children. For extra naughtiness a swirl of vanilla butter cream can be added as a finishing touch.

Jennifer Allen



Young Families Work

Two Bridges Café has been comfortably busy since the holidays. New students have been introduced on a rota basis so that as many students as possible get the opportunity to come and help run the cafe. They are always excited to become part of the team and have been learning new skills and to be efficient surprisingly quickly. We have regular customers including the parents who pop in from time to time, and very loyal Christ Church members (ranging from 3 years old to eighty plus years old!!) who make sure they come rain or shine. It is so encouraging for the students and vital for teaching them life skills. A new menu now gives breakfast/elevenses snacks as well as the home-made cakes and biscuits. Do come and visit. You will be made very welcome.

Café Church in February was themed on the Ten Lepers and the importance of saying 'thank you'. Due to Storm Ciara we did not expect many people, but a good number still came, glad of an outing after the warnings! Guy kindly led the worship and we had a chocolate dice game, icing people biscuits, making people chains of the ten lepers, and making thank you cards. We welcomed two new families and the little ones as usual enjoyed the sensory trays. The music organised and led by Chris is always great, as is the delicious food - efficiently prepared in the kitchen by Eff and her amazing team.

Tuesday Stay and Play has once again proved how much it is needed. Numbers do vary, but we have welcomed new families who love the opportunity to come and relax and chat whilst their children happily play. We have regulars and it has been encouraging that we have at least three families who come as a result of the Action for Children Nurture Group on Wednesday mornings. It is gradually becoming increasingly inter-generational as some of the regular Tuesday morning Prayer Group and Coffee Morning visitors drop in for a chat. We are very fortunate to have Sue and Sonya there as regular volunteers who help set up and put away. A computer expert comes in once a month to answer anyone's questions (including yours!) and Sue's re-usable nappy customers come to visit her and then stay and play. There is a definite need for this group to continue over the holidays and we would be grateful for more volunteers to be around to welcome and chat, both in term and holiday times. During holiday times there will also be school-aged siblings who we will cater for with art activities.

Thank you for your ongoing support.

Anthea and Jo

While the rest of us were probably hiding indoors away from the wild weather.....

4th Barnstaple Guiders recently went on a weekend away near Lynton, where we spent plenty of time walking in the very high winds! We enjoyed time spent eating far too much food whilst spending time together in a lovely place - including our very own Christmas! We exchanged Secret Santa gifts and even did our own Christmas dinner - complete with turkey and all the trimmings. It was delicious! Despite the weather, we had a very relaxing and funny weekend together - even if I did manage to fall over straight into the mud on the day we were leaving...



Café Church on the theme of the 10 lepers and the importance of saying 'thank you'



Guiders Weekend near Lynton



We have scored enough points in the survey to gain our Bronze Award!

The survey looks at lots of aspects of our Church life and buildings: double glazing; use of eco-friendly cleaning products; whether our church funds are invested ethically; how often caring for God's earth features in our teaching of all ages.

If you would like to see the answers we have already I've put a copy on the notice board. There are quite a few which are still "need to find out" so I'll be busy asking questions!

We all have a part to play in our personal way of living too: *This month's fascinating fact - plastic toothbrushes will take 500 years to decompose, so every toothbrush you've ever owned still exists! Maybe you could try a bamboo one- the bristles are plastic but the handle is compostable (or cut the bristles off and use it as a plant label!).*

Liz Seymour

Fairtrade Fortnight 2020: February 24th – March 8th **Calling all chocolate fans and fighters for fairness!**

For two weeks each year thousands of individuals, companies and groups across the UK come together to celebrate and to share the stories of the people who grow our food and drinks and who grow the cotton in our clothes. Sadly though, these people are often exploited and underpaid.

This year, the focus of the Fairtrade Fortnight will be on women in the cocoa and coffee industries across the world with the slogan 'She Deserves', which continues last year's mission to ensure that all farmers are paid fairly for their work and are able to earn a living income. The campaign will highlight how many cocoa farmers particularly women are underpaid and exploited, because of unfair trade.

Around six million people around the world depend on farming cocoa for their livelihoods, with over 60% of the world's cocoa sourced from Côte d'Ivoire and Ghana alone. So to take Côte d'Ivoire as an example...

£1.86 is the amount a cocoa farmer in West Africa needs to earn each day in order to achieve a living income. Currently, a typical cocoa farmer in Cote d'Ivoire lives on around 74p a day – less than half of what is needed for a decent standard of life.

For women, the situation is even more unfair. It is they who carry the heaviest burden. In Côte d'Ivoire, for example, women carry out more than two thirds of the labour involved in cocoa farming. They work in the fields, look after children, carry water, and help bring the crop to market. And yet they often have fewer rights than men, and often earn less than a quarter of the money generated. That's why the Fairtrade Foundation launched the 'She Deserves a Living Income' campaign last year in 2019, with Fairtrade supporters making their voices heard loud and clear... a petition of 50,000 signatures was handed into 10 Downing Street calling for Boris Johnson to back cocoa farmers fighting for a fairer deal through UK-funded aid projects, business and human rights legislation, and

joining international efforts that unite governments, chocolate companies and civil society to achieve living incomes.

Despite the world's love for chocolate, cocoa farming is a precarious way of making a living. Although there is a high demand for cocoa, the global price for cocoa has fluctuated wildly in recent decades as a result of weather events and political upheaval in Côte d'Ivoire. That is why Fairtrade are campaigning for a living income to become a reality for cocoa farmers in West Africa. Everyone deserves enough money to live a simple but dignified life, being able to pay for essentials such as clothing, medicine and school. It is not a luxury but a human right.

Now, we've all been there: I've been at work, it's the end of a day, I've been revising for hours - I deserve a treat!

I need chocolate - now!

So, a reminder for all of us... CHOOSE FAIRTRADE CHOCOLATE, knowing that we are making a difference to farmers' lives and supporting a brighter future for their families. This is one of the simplest ways to help change the world - by choosing to buy Fairtrade chocolate and cocoa, and Fairtrade and ethical food and drink. Obviously not solving all the issues, it helps keep up the demand allowing growers and farmers to sell their products on Fairtrade terms. They then are able to earn enough to feed their families, to send their children to school and to provide a future for their local community.

Many of our favourite chocolate companies include fairly traded items in their ranges and there are at least 15 Fairtrade chocolate choices you can find in your High Street and supermarkets (their own brands included) - as well as many other items of food bearing the Fairtrade Mark. Just look for the well-known logo on the wrappers when you are shopping or eating out. It is the guarantee that the product is fairly traded. And if you shop in the Co-op, all their own brand chocolate confectionery became Fairtrade in 2017 - supporting the Divine chocolate company and their partner co-operative Kuapa Kokoo in Ghana - the Divine chocolate company being 44% owned by the cocoa farmers' co-operative in Ghana.

NB - There will be a **small display about Fairtrade** in the vestibule over Fairtrade Fortnight - with maybe the opportunity to sample some of the delicious chocolate - if there is any left!




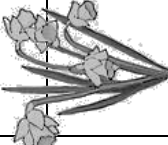
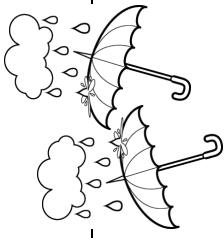


THE FAIRTRADE MARK








The FAIRTRADE Mark is the symbol of the international Fairtrade system - and the most globally recognized ethical label. An amazing 93% of UK shoppers recognise it and 83% trust it when deciding whether a product is ethical.

It has always stood for fairly produced and fairly traded products and when you buy products with any of the FAIRTRADE Marks, you support farmers and workers as they improve their lives and their communities

The FAIRTRADE Mark is a registered certification label for products sourced from producers in developing countries. The Mark is used only on products certified in accordance with Fairtrade Standards.



SUNDAY ROTAS	1st March	8th March	15th March	22nd March	29th March
Coffee 	Nicola Wilkins	Jennifer Allen	Muriel Symons	Pauline Dawson	Elaine Stevens
Flowers 	-	-	-	George Hopkins	-
Projector 	Gordon Pearce	Jack Neville	Kathy Jeacock	David Wilson	Gordon Pearce
Preparing Communion Morning 1st Sunday Evening 3rd Sunday	Gordon & Pam Pearce		Jenny Newman		
Serving Communion 	Staveley Dawson Liz Seymour Mary Ruhleman Rosemary Cole	Jack Neville	Janet Marshall Anthea Coates	Liz Seymour Jenny Newman	Chris Marshall Alison Cairns
Vestry Steward Morning Evening 	Staveley Dawson Eff Poole	-			

SUNDAY ROTAS	5th April	12th April Easter Sunday	19th April	26th April
Coffee 	Gill Tucker	Joy Morley	Nicola Wilkins	Elaine Stevens
Flowers 	Pauline Dawson	Pauline Dawson	-	Joy Morley
Projector 	Jack Neville	Kathy Jeacock	David Wilson	Gordon Pearce
Preparing Communion Morning 1st & 2nd Sunday Evening 3rd Sunday	Gordon & Pam Pearce	Gordon & Pam Pearce	Alison Cairns	
Serving Communion 	Elaine Stevens Jack Neville Mike Smith Ian Allen			
Vestry Steward Morning Evening 	Elaine Stevens Shirley Baxter	Staveley Dawson -	Jack Neville Eff Poole	Liz Seymour Anthea Coates

Weekly Meetings

Monday	7.30pm	Friendship group	(2nd & 4th Mondays of each month) contact Rose de la Cour tel 830824
Tuesday	9.30am - 12.00 noon	Coffee morning	
	9.30am	Prayer meeting ...	(except the last Tuesday of each month)
	10.30am	Holy Communion ...	(last Tuesday of each month)
	5.30pm - 7.00pm	Brownies ...	contact Heather Collins 07803841000
	5.30pm - 6.30pm	Rainbows ...	contact Nicola Wilkins
	7.00pm - 8.30pm	Guides ...	tel 07813620615 or 01271377154
Wednesday	1.30pm - 3.00pm	Parents & Toddlers	contact Jo Grant 07450582414
Thursday	2.30pm	Ladies Fellowship ...	contact Sylvia Jones tel 346607
	7.30pm	Bible Study...	contact Shirley Baxter tel 375560
Friday	10.00am - 12.00 noon	Hobnob coffee morning	
	10.30am	Bible Study...	contact Shirley Baxter tel 375560
Saturday		2nd Saturday of each month - circuit event	
	8.30am	Men's Breakfast	contact Mike Smith tel 345019

All at Christ Church Barnstaple are committed to the following Safeguarding Principles:

- * the care and nurture of, and respectful pastoral ministry with, all children, young people and all adults.
- * the safeguarding and protection of all children, young people and adults when they are vulnerable.
- * the establishing of safe, caring communities which provide a loving environment where there is informed vigilance as to the dangers of abuse.
(Methodist Safeguarding Guidelines, online: www.methodist.org.uk)

Sunday Offertory for January 2020

		Cash	Envelopes
January	5th	£	£
	12th	£	£
	19th	£	£
	26th	£	£

An increasing number of people are donating money direct to the Church account by standing order. Currently this offertory is £ per month. *If you are a tax payer* and would like the church to claim back the tax on your giving or if you change your address or other details, please contact Judith Smith on 01271 345019 or speak to a serving elder - Thank you.



*If you are visiting Christ Church today we extend a warm welcome.
Please take a Messenger home with our good wishes.*

Christ Church Minister
Rev Don Macalister
8 Kestrel Way,
Westacott
Barnstaple EX32 8QN

tel. 01271 345313
dasmacalister@icloud.com

Young families worker
Jo Grant

jogrant-christchurch@outlook.com
tel 07450 582414

Elders

Telephone Directory (01271)

Shirley Baxter (temp sec)	Kathy Jeacock (treas)	Jenny Newman
Alison Cairns	Sylvia Jones	Eff Poole
Anthea Coates	Chris Marshall	Liz Seymour
Staveley Dawson	Janet Marshall	Elaine Stevens
	Jack Neville	

Church Secretary	375560
Church Treasurer	373555
Room Bookings	374085
Circuit Administrators	379116

Editors:

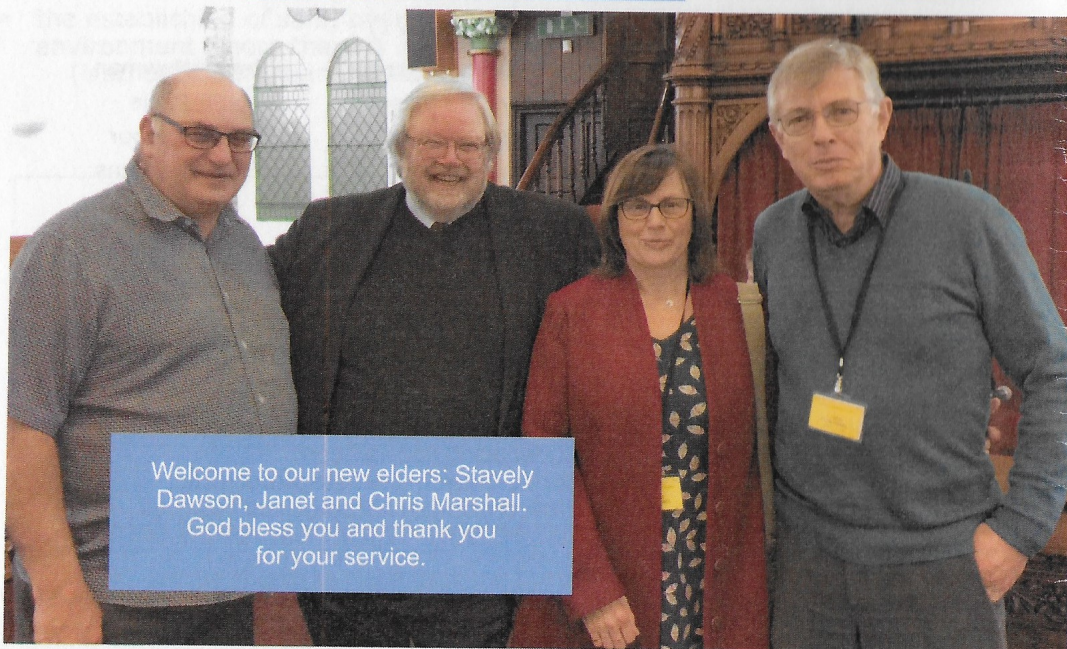
David Wilson	374020	david.devon@mac.com
Kathy Jeacock	373555	kjeacock@hotmail.com
Website		www.christ-church-barnstaple.org.uk
Circuit website		www.ilfracombe-barnstaplecircuit.org.uk
Email contact to site		webmaster@christ-church-barnstaple.org.uk

Christ Church wins Bronze award-
learn more of our taking part in the
Eco Church project

-See page 14



Read the story of St David of Wales
....and special recipe- see page 10



Welcome to our new elders: Stavelly
Dawson, Janet and Chris Marshall.
God bless you and thank you
for your service.