The Messenger

Christ Church

*Come
to our
Church
Picnic
Sunday
18th August
after the
service.
All are
welcome!

July/ August 2019

Methodist / United Reformed Church

Barnstaple

www: christ-church-barnstaple.org.uk

- ◆ A People Place- see page 7
- ◆ Our new banner to be dedicated to Tricia Kent, made by Celia Huxtable -see page 12 for the story
- ♦ News of Churches Together in Barnstaple -see page 14

HOLY SPIRIT LIGHT DIVINE

Calendar

July	2017				
Mon	1st	2.30pm	Service of Thanksgiving for Brian Macbeth		
		7.15pm	Elders' Meeting		
Thur	4th	10.15am	- 11.30am Two Bridges Café - last one this term, starts again in September		
Sat	6th		Frances Bell concert		
Sun	7th	10.30am	Rev Don Macalister Communion		
		6.30pm	Rejoice!		
Mon	8th	7.00pm	Friendship Group meet at Christ Church		
Tues	9th	10.00am	- 12noon 'Sound it Out'		
Sat	13th	8.30am	Men's Breakfast - 'Bring something'		
		10.00am	- 12.30pm Coffee Morning at the home of David & Ronnie Wilson		
Sun	14th	10.30am	Rev Richard Martin		
		4.30pm	Café Church		
Mon	15th	2.30pm	3rd Monday House Group at Saw Mill Court		
Tues	16th	10.00am	Dementia Friendly Service see page 10		
Wed	17th		Bowls Club outing to Lynton & Lynmouth (spaces available, coach £10,		
			Contact Mary Biederman 01271 373416 by July 10th for details/booking)		
		7.00pm	Church Meeting		
Sun	21st	10.30am	Rev Don Macalister - family service		
		6.30pm	Rev Graham Thompson Communion		
Mon	22nd	2.30pm	Friendship Group - afternoon trip to Gardens at Tiverton		
Tues	23rd	10.00am	- 12noon 'Sound it Out'		
Sat	27th		Model Railway Exhibition		
Sun	28th	10.30am	Rev Don Macalister		
		6.30pm	Mr Guy Byham		

August - some dates that were available in time to print.

Mon	12th	7.00pm	Friendship Group at the home of Jennifer Allen	
Wed	14th		Holiday Club	
Thur	15th		Holiday Club	
Fri	16th		Last day for contributions to the September Messenger	
Sun	18th		Church Family Picnic	

The Two Bridges Café closes for the school holidays on July 4th but will be back in September.

Bible Study - there are four Bible study groups, two in Christ Church Barnstaple on Thursday evening and Friday morning, one in Sticklepath on Thursday lunchtime and one on the third Monday afternoon of the month at the home of Reg & Muriel.

see page 5

The last **Friday morning Bible Study** before the summer break will be on Friday the 19th July and it will resume on Friday 4th October.

Thursday evening Bible study 7.30pm in Room 4, exploring the book of Ruth. Meetings will be on July 4th and 18th; then August 1st, 8th, 15th and 29th. Anyone else who would like to join the group will be very welcome.

Contacts: Third Monday Group - (Sue Macbeth 345445)

Sticklepath - Joan Cole - (326348)

Thursday evening - Marilyn Tricker (830869) Friday morning - Shirley Baxter (375560)

Dates for your Diary

July 2019

Sept 22nd Harvest Festival Nov 7th Shoe Box service Nov 16th Winter Fair

Message

Dear Friends,

And so we are in the season when many men suddenly take an interest in cooking.

Not your ordinary, stick a pan on the gas and something in the oven safe sort of cooking you understand. No, for us to become truly interested in cooking it has to involve danger, either from fire or from food poisoning, or better still from both. I am talking of course of the joys of barbequing! Burgers, sausages and chicken burnt on the outside and raw on the inside become the staple diet of many families – or is it just the men who eat them while the rest of the family fills up on salad and buns? Perhaps some risks are more wisely not taken.

But this is also the season for travel and adventure for many as we get ready to take time out from work and to enjoy a break and a summer holiday. If you are one of those embarking on journeys this summer I pray you travel safely and return refreshed having had your horizons expanded with good experiences as you have met with God's children wherever you are. For those who are not going away I pray that you find some time and space to relax and be refreshed where you are.

You will see elsewhere information about the Church Picnic to be held after the service on Sunday August 18th. Please do bring your picnic with you to church and stay to spend time together eating and playing games. If you are able to make it please do come along and make it a special time – it wouldn't be the same without you!

Grace and peace,

Don



Chaplaincy Course – It is hoped to set up a Chaplaincy Course in this area. The course has 7 sessions and is suitable for everyone involved in pastoral work.

If you are interested, please contact or speak to Shirley Baxter who will put you in touch with Martin Reardon who is setting the course up.

Thank you, Shirley

Prayers for July and August

July 7th

Lord, remove my blinkers of selfish pride, that I may see the needs of others and sow with compassion your strength, love and peace as I journey in step with your Holy Spirit. Amen.

July 14th

Lord, nudge me if I get so preoccupied with my own faith that I neglect to share it with those around me. Guide me in where and what to share, that I may bring your joy to others. Amen.

July 21st

My Saviour and my God, amid life's demanding pace help me to give you first place, with time to sit and seek your face; my faith and hope secure in the riches of your grace. Amen.

July 28th

With my roots deeply planted in you, Lord, draw me ever closer, day by day. Nourish me with strength and confidence, that I may bring glory to your name. Amen.

August 4th

Lord, as I seek your daily renewal, help me to become the person you created me to be. Help me to live each day joyfully celebrating my new life in you, honouring your name in all I do and say. Amen.

August 11th

Lord, thank you for your unfailing treasure.

Help me to dress each day in your garments of honour and goodness as I wait and trust in you, ready for whatever you lead me to do. Amen.

August 18th

Lord, help me to kindle the fire of the good news by discerning, interpreting and applying – without compromise – your word to my life. Amen.

August 25th

Lord, help me to walk tall and to rejoice each day in the freedom your love and kindness crowns me with. Amen.











Sunday 18th August - lunch time & onwards (watch out for details nearer the time)

ALL WELCOME

games - puzzles - music - races - closing prayers

Community Links Project Team

As many of you are aware we are setting up a Community Links Project Team, made up of various groups exploring current and possible work with young families, older people and looking to pursue funding for the project.

A prayer group is being set up to assist the Church and individual church members to pray for the project in a focused way. The Tuesday morning prayer group will continue as usual and add prayers for the Community Links Project. In addition to this there will be monthly prayer group on Friday evenings beginning at 7:30pm in Room 4.

Dates for the Friday prayer group are as follows 19^{th} July – 30^{th} August – 27^{th} September – 25^{th} October – 22^{nd} November, 2019 and the 31^{st} January, 2020.

Please come along to as many prayer groups as you can as we discover togethe, God's will for our Church and community.



Jesus said, ".... If you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there' and it will move. Nothing will be impossible for you." Matthew 17:21

Bible Readers: It is a privilege to be able to read the Bible in a Church Service but for one reason or another we are a little thin on the ground now, so if there are those who would like to be added to the list, please have a word with one of the Elders, or the Elder on duty at a Service, and they will pass your name onto me.

Those existing readers: it would be lovely if you would put your name on the list by the hymn books, by the entrance if you know you are available one Sunday morning or evening.

Thank-you, Ronnie Wilson



Christian Aid: Again, Thank-you to all who donated, and/or helped in anyway towards Christian Aid week. The Church itself raised upwards of £524.00, which is marvellous especially considering we no longer are able to do house to house collections. This does not include funds raised by other churches and chapels in the area.

By the way, the pregnant lady, Jebbah, from Sierra Leone who was pictured on the collection envelopes delivered a baby boy. Both are well, thank the Lord. Many thanks, Carolyn and Ronnie.

Coffee Morning at David and Veronica's home on Saturday, 13 July from 10-12.30. (There are three stone steps to access the house.) We look forward to welcoming you, come wet or dry weather, for tea, coffee, hot chocolate etc and cakes and savouries. Carol has kindly agreed to organise a stall, full of things to tempt the most discerning buyer.

Please let any of the Event committee know if you wish for a lift, and they will pass this on to David or Ronnie, who will organise a lift.

All donations raised are for Church funds.

Many thanks as always, Ronnie

CHAIRS

We are in the process of re-upholstering all 12 grey chairs in Room 1. These chairs with arm rests are extremely helpful for our older members and other users of Room 1.

I have received generous sponsorship to cover the cost of most of the chairs and am looking for further donations to cover the cost of the last ones.

If anyone could help in any way please contact Celia.

A People Place by William J. Crocker

If this is not a place where tears are understood, Where do I go to cry?

If this is not a place where my spirits can take wing, Where do I go to fly?

If this is not a place where my questions can be asked, Where do I go to seek?

If this is not a place where my feelings can be heard, Where do I go to speak?

If this is not a place where you'll accept me as I am, Where can I go to be?

If this is not a place where I can try to learn and grow, Where can I be just me?

Holiday at Home 2019



Tasty lunch Friendly company Fun activities

mainly for the over 50s

Tues 20th Aug Wed 21st Aug Thurs 22nd Aug From 10.00 am to 3.30 pm See over page for details & how to book

Come for one day or all three - the choice is yours! Holy Trinity Church, Barbican Terrace, Barnstaple EX32 9HQ Holiday at Home is a time of relaxation, fun, friendship and great food.

Cost - £5 per day inclusive of your meal, drinks, craft materials and entertainment.



Crafts
Games
Carpet bowls
Thought for the day
Singing
Armchair exercises
Or just relax & chat

To book your place in advance contact the church office

01271 374240 office@trinitybarnstaple.org.uk

Or on the door each morning as long as spaces are available.



A delicious lunch is served daily. We can cater for most dietary requirements if requested in advance.



The church and hall both have disabled access and toilet facilities.



There is plenty of car parking space. If you need a lift within the Barnstaple area RING & RIDE may be able to help - 01271 328866



Café Church at Pentecost











Thank you to everyone that supported our coffee day on June 1st in aid of the North Devon Hospice. It was a lovely day in the garden, everyone eating cake and chatting in the sunshine and we made an amazing £1520.

So thanks again, Wendy, Colin and Nicola Wilkins



The total has gone up further with generous donations from golden wedding celebrations.

Young Families Work

Our new fortnightly Tuesday 'Stay and Play' running alongside our Coffee Morning began in May. Here, new friendships are being made and support is given when needed. Tuesday 'Stay and Play' evolved from concerns that our Coffee Morning was not attracting young families at a time when there were also concerns from Barnstaple young families that there was nowhere appropriate for them to go with their babies/toddlers/pre-schoolers on a Tuesday. Therefore, we now open-up the church with a few toys and sensory activities. This is intended as an inter-generational morning and we hope that in the future there will be more interaction between the generations. Everyone is welcome to sit in the church with their tea/coffee, as well as in the vestibule on a Tuesday morning. We will ensure that the children are well managed. If anyone has ideas of how we could develop this in the future, please let Anthea or myself know. 'Stay and Play' is on 2nd July and will then re-start on 3rd September and will continue fortnightly from then.

We are looking forward to our inter-generational Holiday Club on 14th and 15th August. There will be plenty of arts and crafts at church during these days. This will include the creation of a mural, sponsored by the Davie Barnstaple Trust and working alongside a professional arts practitioner. Please see Jo or Anthea if you would like more information on this - either to come along and enjoy or to volunteer to help.

> Every blessing, Jo

EVENTS

Thank you to all who attended and supported Tea in the Garden with the Seymours. We all had a lovely time, whilst £252 was raised for the church. Liz's hen certainly enjoyed all the extra attention.

Please remember that there is another opportunity to get together and have a nice chat and a cup of tea at the Wilsons' Coffee Morning, which is on Saturday 13th July 10am-12.30pm. Other refreshments will be available. Carol Bolter will be running her popular stall at this event. Please support this if you can.

Andy Morley (Secretary)

Our family matters Christ Church Family News

There are many of our church family on the sick list and some house-bound. Some are named in the Prayer Book, which is kept in the vestry and used at prayer meetings, but may not always be used in Sunday services while we consider the implications of new legislation around data protection.

If you would like your name to be added to the list in the Prayer Book, please speak to the duty elder on a Sunday, and indicate whether or not you would like to be included in congregational prayers in the Sunday service.

We are very sad to report the death of Brian Macbeth, who most of you will know had been ill for some time. Our thoughts and prayers are with Rev Sue Macbeth and all the family. Brian served the community in numerous ways and will be missed by a great many people. There is a service of thanksgiving on Monday 1st July at 2:30pm here at Christ Church.

Tuesday the 16th July at 10:00am

Christ Church in Barnstaple

will have a service with the title -

'Time to be with God for everyone', especially for those with memory loss and their carers.

This event is for all churches in the Barnstaple area.

Those involved in planning are :-

Val Wilson from Trinity Church,
Sally Blackmore, chaplain at Norah Bellot Court,
Rebecca Bartlett, from Live at Home,
also from Norah Bellot Court,
Marilyn Tricker,
and Shirley Baxter.

At the end of the service refreshments will be available for a small cost. Please encourage people to come along to this interactive service. We hope to plan another service in October.

Thank you - Shirley Baxter





July 30th Pam, Gordon & Sylvia

Tuesday coffee rota

July 2nd Pam & Rose
July 9th Joy & Andy
July 16th Ena, George & Rose
July 23rd Tony, Celia & Lorna

August 6th Wendy, Anne & Gill
August 13th Pam & Rose
August 20th Joy & Andy
August 27th Ena, George & Rose

Sept 3rd Tony, Celia & Lorna Sept 10th Pam, Gordon & Sylvia Sept 17th Wendy, Anne & Gill Sept 24th Pam & Rose

New Banner

When Patricia Kent was alive, she set up a working group in the church to make new banners to hang in the church.

Celia Huxtable was one who contributed much time to the group and the making of the banners we see in church today. When Patricia was in hospital, not long before she passed away, she instructed her son to take all her books, materials and accourtements to Celia for future use.

The Elders of the church thought it would be very appropriate if a Banner was made and dedicated in Patricia's memory, so, Celia was asked to make one. Celia has very appropriately used all the remnants of Patricia's materials to make the superb new banner we see today.

Thank you so much Celia for all the thought and effort that you have put into this.

(The banner will be dedicated during a service soon.)

Where do all the shoeboxes go?

Recently, a few of us went to Copplestone to find out about where shoeboxes go when June Redfern and her husband fetch them from Christ Church. June talks about her barn, but we soon discovered that it was part of her home, which is a barn conversion. The boxes, along with blankets and other goods, are stored in her large upper room. There were not many boxes when we visited because the last load had recently been collected, but we saw photos of the barn (room) stacked from floor to ceiling with the goods ready to go to International Aid Trust. Volunteers then use their vehicles to get everything to the lorry – June's home is along a track which is rather bumpy and definitely not suitable for lorries!

Everything is then taken to a huge warehouse, I think she said it was in Stoke on Trent. We have seen pictures of the racks full of goods when June has shown them as part of her talk to us.

From there, gifts are taken to those in need. The articles in the latest International Aid Trust Update are about India, Ukraine, Moldova and Sierra Leone and there is also mention of support in other countries including the UK. As well as shoebox gifts, the charity organises medical help, orphanage support, self-help projects, church planting, training in tailoring, dispensing of spectacles, food parcels and more than these!

It was wonderful to be welcomed by June and Adrian and to see how much they do for the charity. It was also amazing to hear that they had overseen the conversion from barns to a beautiful home, with Adrian doing all of the woodwork himself. They had a lovely book of photographs to show the stages from "field with barns" to home whilst they lived on site in a mobile home with a second one being used for Adrian to continue his business.

A useful and informative morning out, as well as tasty home made refreshments. Now we all need to support Sylvia by filling up shoeboxes ready for the November collection from Christ Church.

Eff





Stepping out for Action for Children – thank you to everyone who took part

action for children

in the sponsored walk on June 8th starting at Ebberley Lodge



Easter Offering service

The Easter Offering dedication service took place at Newport on June 2^{nd} . It was a good time of fellowship and worship, with representatives from various churches taking part. The theme of 'Longer tables, lower fences' seemed especially appropriate in the light of recent world events! We heard about hospitality offered to those of different languages and cultures - in Britain, South Africa, Bangladesh, Germany and Ethiopia - and saw how sharing food together, however simple, draws people together in friendship.

Thanks to Newport for hosting this circuit event, to all who took part, and to Mary Monk, the Circuit Easter Offering secretary, for organising all the readers.

Donations from across the circuit have raised £1553 for the Methodist Church Fund for World Mission – thanks to all, and congratulations to Braunton on their very successful "Count Your Blessings" fundraiser!



(from the MWiB Circuit Committee)

Churches Together report from the meeting on the 21st May

The Experience Easter event went well, at least 500 primary school children were engaged, not including teachers and parents. It is a good witness to the education community to see different churches working together. At least one church has been invited back to a school for a follow up lesson exploring faith.

Christians Against Poverty (CAP) – It was reported that the team based at Trinity are looking to grow CAP. They would like to offer x5 days per week appointments. To start a Job Club and to multiply their Release programme for those struggling with addictions.

Foodbank – There is an annual need to improve stock over the summer. Shirley Baxter asked us to pray about provision for school children over the summer.

Street Pastors The team have 4 new pastors – taking the team to 19. In addition another 8 people are observers who may receive training

United Generation / Revolution - March 30th

James (Grosvenor) reported that about 220 attended of which 150 were under 18. 24 young people made first time commitments.

Trinity's Interface weekly Saturday Drop-In: Tony (Trinity) asked CTB to consider this becoming a united church activity, so that volunteers from other churches might get involved.

Please pray for all these inter-church activities – Thank you, Shirley

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Weekly Meetings

Monday	Short Mat Bowling	contact Hilary Iley tel 375554	
10.00am - 12.00 noon	morning session		
2.30pm - 4.30pm	afternoon session		
7.00pm - 9.00pm	evening session		
7.30pm	Friendship group	(2nd & 4th Mondays of each month)	
		contact Rose de la Cour tel 830824	
Tuesday			
9.30am - 12.00 noon	Coffee morning		
9.30am	Prayer meeting (ex	cept the last Tuesday of each month)	
10.30am	Holy Communion	(last Tuesday of each month)	
5.30pm - 7.00pm		ontact Heather Collins 07803841000	
5.30pm 6.30pm	Rainbows	contact Nicola Wilkins tel 07813620615 or 01271377154	
7.00pm - 8.30pm	Guides	tel 07813620615 or 01271377154	
Wednesday			
1.30pm - 3.00pm	Parents & Toddlers	contact Jo Grant 07450582414	
Thursday			
2.30pm	Ladies Fellowship	contact Sylvia Jones tel 346607	
7.30pm	Bible Study	contact Shirley Baxter tel 375560	
Friday 10.00am - 12.00 noon	Hobnob coffee mornin	ng	
10.30am	Bible Study	contact Shirley Baxter tel 375560	
Saturday	2nd Saturday of each month - circuit event		
8.30am	Men's Breakfast	contact Mike Smith tel 345019	

All at Christ Church Barnstaple are committed to the following Safeguarding Principles:

- * the care and nurture of, and respectful pastoral ministry with, all children, young people and all adults.
- * the safeguarding and protection of all children, young people and adults when they are vulnerable.
- * the establishing of safe, caring communities which provide a loving environment where there is informed vigilance as to the dangers of abuse. (Methodist Safeguarding Guidelines, online: www.methodist.org.uk)

	Sunday Offertory for May 2019				
		Cash	Envelopes		
May	5th	£	£		
	12th	£	£		
	19th	£	£		
	26th	£	£		

An increasing number of people are donating money direct to the Church account by standing order. Currently this offertory is \pounds per month. If you are a tax payer and would like the church to claim back the tax on your giving or if you change your address or other details, please contact Judith Smith on 01271 345019 or speak to a serving elder - Thank you.

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OUR MISSION STATEMENT Christ Church seeks to express the love of Christ for everyone.

If you are visiting Christ Church today we extend a warm welcome.

Please take a Messenger home with our good wishes.

Christ Church Minister

Rev Don Macalister tel. 01271 345313

8 Kestrel Way, dasmacalister@icloud.com

Westacott

Barnstaple EX32 8QN

Young families worker jogrant-christchurch@outlook.com

lo Grant tel 07450 582414

Flders

Ian Allen Kathy Jeacock (treas) Liz Seymour

Shirley Baxter Sylvia Jones Elaine Stevens (sec)

Alison Cairns Jack Neville Ronnie Wilson

Anthea Coates Jenny Newman

Gill Greenland Eff Poole

Telephone Directory (01271)

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